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PRACTICAL ESSAY

ON THE

ART OF RECOVERING

SUSPENDED ANIMATION,

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PRACTICAL ESSAY

Ashert ON THE Similari

ART OF RECOVERING

SUSPENDED ANIMATION:

TOGETHER WITH

A REVIEW

OF THE MOST PROPER AND EFFECTUAL
MEANS TO BE ADOPTED IN

CASES OF IMMINENT DANGER.

TRANSLATED FROM THE GERMAN OF CHRISTIAN AUGUSTUS STRUVE, M. D. 25.

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TO THE

ROYAL HUMANE SOCIETY OF LONDON,

WITH RESPECT AND GRATITUDE,

BY THE AUTHOR.



ADVERTISEMENT.

THE translation of the present Treatise has been undertaken with a view to supply an apparent desect in English medical literature. For, though many essays and pamphlets have-lately been published on this most important of all physical subjects, yet there exists no work which, in so small a compass, affords that comprehensive survey of "Suspended Animation."

The Translator can offer no other apology for any imperfections, than that this was his first attempt; and that his friends have, perhaps, not used the pruning knife with sufficient severity. Besides, the German style of Dr. Struve is frequently obscure, or am-

biguous, and abounds with repetitions, many of which have been carefully avoided.

For the information of the English reader, it may not be improper to obferve, that the Author has been elected an honorary member of the Royal Humane Society of London, and a copy of all their printed works has been transmitted to him, as a testimony of their approbation of his popular Tables, in which he has exhibited a view of the whole Resuscitative Process, in one sheet of German letter-press. Hence Dr. STRUVE was induced to dedicate this Treatife, originally written in his native language, to that illustrious Body of Philanthropists.

London, April, 1801.

PREFACE.

THE Author devoutly wishes that the small Treatise here submitted to the Public, may afford some degree of fatisfaction to those who are acquainted with his former writings, which have experienced a very extensive circulation. He feels, indeed, the most ardent desire to contribute his share towards instructing those who study the humane art of affisting the unfortunate, or rescuing them from perilous situations. As, however, he is unfavourably fituated for obtaining literary information, he trusts the candid reader will ascribe the defects of this work partly to that circumstance, and partly to the difficulties connected with the fubject.

B

His principal motive for publishing the present Treatise, was to exhibit a cursory view of a rational method of treating persons apparently dead, or exposed to imminent danger. Such a retrospect appeared to him a desideratum, especially to young medical practitioners, who will thus be enabled, on urgent occasions, to adopt the most speedy and proper means of resuscitation.

Görlitz, February, 1797.

ANALYTICAL VIEW

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PRACTICAL INQUIRY

INTO THE

ART OF RECOVERING SUSPENDED ANIMATION.

SECTION FIRST.

Observations on the History of Humane Institutions for recovering the Lives of those who are apparently dead, or exposed to imminent Danger.

THERE is no branch of medicine, of which its professors have greater reason to be proud, than the art of restoring to life perfons apparently dead; an art with which our predecessors in medical science, for want of anatomical knowledge, were not sufficiently acquainted; but which, in the present age, is progressively advancing towards persection.

No stronger argument can be opposed to the fophistical affertions of Temple,* Rousseau, and subsequent writers, than the modern history of resuscitation. Indeed, no scientific researches have greater claims to public gratitude, and none deserve to be held in greater estimation, than those which relate to the recovery of persons apparently dead: from whatever cause this suspension of vital powers may have taken place.

The ancients, who duly acknowledged the great merit of their physicians, revered them, according to the ideas peculiar to their age, as demigods. Such were HERALLES, ASCLEPIOS, ETIPLDUCLES, who enjoyed divine honours, and could much of their celebrity to the fuccassful reflection of those who were apparently configned to the grave. When we examine the pages of the binory of medicine, we find among the ancient Egyptians, Greeks, and Leanuar, many accounts of successful attempts at refuser tion, and of the respectful attention Lestowed on the preservation of human life; but there are no records of

^{*} Les œuvres me l'és du Chevalier Temple, t. i. pp. 246. Utrecht, 1693.

public institutions for that benevolent purpose.

In the middle ages, when medicine, as well as all the other sciences, were totally neglected, this important object was likewise entirely abandoned.

In the feventeenth century, however, the attention of the public was again directed to this philanthropic aim, and there appeared feveral works on the fubject. Among these are the productions of KIRCHMAYER,* and a few others, that display the character of the age in which they were written, namely, a strong desire of perpetuating superstition, and recording marvellous events. Yet, notwithstanding many useful hints contained in these works, they neither excited general attention, nor engaged the notice of the rulers of the country.

The prefent century claims the merit of having more fully discussed the subject; a circumstance which, though it cannot be considered as a consequence of the more refined

^{*} Differtatio de Hom. Apparent. Mort. Wittemb, 1651.— HENR. KORNMANN, de mortis miraculis.

moral feelings for the value of human life (for the contrary is too strongly proved by fanguinary wars) may, nevertheless, be ascribed to the great improvement which has been made of late years in the art of healing.

Induced by the example of her scientific neighbours, the attention of Germany was called to the important object of applying medicine to the improvement of the resuscitative art. For, though some German writers had published their sentiments on this subject, yet they only produced a slight impression upon the minds of their countrymen. Nor did the samous story of the goldsmith's wise at Dresden,* strike them with awe. Winslow and Brubler, indeed, had previously written on this subject in France; but many years elapsed before their publications were translated and read in Germany. They, however, produced several German pamphlets on the

^{*} Nachricht von der aus ihrem Grabe wieder auferstandenen Goldschmieds Frau in Dresten; nehst Errinnerung von
der unerkannten Sünde, die Leute zu begraben, ebe sie noch
gestorben:--or, an account of the goldsmith's wife at Dresten,
who rose alive from her grave; together with an exposition
of the secret crime of burying people previous to their death,
by M. PAUL CHRIST, HILSCHER, Dresten, 1773.

treatment of the apparently dead, some of which are not destitute of merit.*

At length, Proteffor HUFELAND excited the attention of the public, by his excellent work "On the uncertainty of the fymptoms of Death, and on the only infallible means of preventing persons from being configned to an untimely grave;" printed at Weimar, in the year 1791.

As the uncertainty of relying upon the figns of apparent death was thus more generally acknowledged, institutions were progrefively effected for the recovery of drowned persons, or others whose lives were endangered by similar accidents.

In the year 1767, a Society for the recovery of drowned persons was established at Amsterdam: they published rules for proceeding in such cases, and offered premiums to those who were successful in the application of these rules. One of their most active members, JOHN ABRAHAM WILLINK, procured a translation of the history and transactions of this Society, in the German language. On

^{*} Das groffe Ungläck einer zu fruben Beerdigung.-On the great missortune of premature interment, by C. F. STRUVE, physician at Neustadt, 1785.

the very day of its foundation, the Society had the fatisfaction to fee the first person on whom their method was tried, rescued from aquatic suffocation; and, in the same year, two other cases, equally successful, occurred at Amsterdam.

In most of the Dutch towns, similar philanthropic institutions were formed. Indeed it appears from a list published in Holland, that by means of these establishments the following number of persons, who must otherwise have perished, were restored to their friends and society:

In the year	1767	3	persons
-	1768	24	do.
	1769	44	do.
	1770	35	do.
	1771	34	do.
	1772	34	do.
	1773	35	do.
	1774	41	do.
	1775	37	do.
_			
To	tal	287	persons.

The premiums were accordingly paid; but befide these, many were recovered for whose preservation no premiums had been offered: among those were three from a state of tussocation, and one from strangulation, restored to life by the same process as is adopted with those who are drowned. According to later registers of this Society, from its foundation to the year 1793, during twenty-five years, 990 persons have, by its patriotic exertions, been restored to the community.

There likewise were published at Venice, in the year 1768, directions for the resuscitation of the drowned, and premiums promised to those who applied them with success. Similar institutions were established in several other parts of Italy, especially at Milan, and throughout Lombardy: while the transactions of the Dutch Society were translated into the Russian language, by the Imperial Academy at Petersburg.

In the year 1772, a Humane Institution for the same benevolent purposes was formed at Paris,* under the direction of M. Pia.

^{*} Detail du succés de l'etablissement que la ville de Paris, a sait en saveur de personnes noyés.

But the most celebrated affociation in the world, for this purpose, is the Royal Humane Society of London Dr. Cogan's translations of the transactions of the Society at Amsterdam, first excited the attention of the English to this important subject; he soon sketched a plan for a similar institution, which met with universal approbation, and speedily obtained the sanction of the legislature.

In the year 1774, feveral medical gentlemen, as well as others of the first respectability, affociated for the purpose of resuscitating perfons drowned, fuffocated, &c. The founders of this Society were Dr. COGAN and Dr. HAWES: they afterwards requested the patronage of His Majesty, and the institution was confequently called the Royal Humane Society. They immediately published concise directions for the treatment of the drowned, or otherwife apparently dead by fuffocation. &c. of which many thousand copies were diftributed. These directions are very elegantly printed on cards, of a pocket fize. A reward of two guineas was offered to those who should first rescue a person from danger; and sour guineas to him who should be successful in

employing the restorative process. The Society then nominated a considerable number of medical affishants, especially such as resided near the banks of rivers and the sea-coast, in order to afford the most speedy relief to perfons drowned, suffocated, &c.; the instruments necessary for saving life being deposited in ajacent houses. To excite emulation and stimulate industry, a gold and silver prize-medal* were granted by the Society as a reward.

In 1775 and 1776 institutions, similar to that of the Royal Humane Society, were formed in all the large towns of the kingdom, especially at Norwich, Hull, Liverpool, Worcester, Chester, and Kidderminster; as well as in Scotland and Ireland. This respectable Society annually increased in the number of its members, who were active in their endeavours to diffuse the knowledge of those principles, so that the prejudices against the institution, and the resuscitative process, soon vanished; for,

^{*} One fide reprefents a Genius breathing on the half-extinguished flame of a taper, with the inscription—" Lateat scintillula for san;" and below: R.H.S. In resuscitate intermortuorum ins. M.DCC LXXIV. On the reverse, a laurel is represented with this inscription—" Hoc pretium cive fervato tulit."

within the short period of a few years, they had demonstrated, by feveral hundred successful instances, that their benevolent plan was by no means chimerical. Contributions, fome of which amounted to a hundred pounds, were fent from every part of Great Britain, and even from America; collections were made in the churches of London, by which the Society was enabled to extend the sphere of its operations, and to appropriate confiderable fums for the purchase of the requisite implements, and for bestowing medals and rewards. In order to carry their intentions into effect. as extensively as possible, several houses were erected for the reception of bodies apparently lifeless; where all the necessary apparatus, fuch as blankets, a portable bed, copper kettles for heating water, and an electrical machine, were always kept in readiness.* These small buildings were erected in different parts of London, and chiefly in the vicinity of rivers and other waters, where fuch accidents were most likely to happen.

^{*} The Society has caused the plan of such a receivinghouse to be engraven, and printed on a card.

In the year 1780, Dr. HAWES read a gratuitous course of public lectures on the principles of resuscitation.

The increasing popularity of the Society was highly conducive to its success: physicians, clergymen, painters, and poets, exerted themselves for the honor of the institution.— The speeches of the Bishop of St. David's, and Mr. Hawtayne, on the duty of affishing our fellow-creatures, and the panegyrics on the regulations of the Society, are valuable specimens of that impassioned eloquence which readily finds its way to the heart. Artists immortalized the most remarkable scenes of resuscitation, by excellent prints and paintings; while some of the most eminent British poets composed odes for the celebration of the anniversary session.

Indefatigable in the improvement of this philanthropic art, the Royal Humane Society collected, and profited by, the experience of other nations. Prize-medals, value ten guineas each, were also offered, and given by the Society, for the best treatises on the restorative process. To this excellent institution we are likewise indebted for the valuable essays on

this subject, written by GOODWIN, KITE, COLEMAN, and FOTHERGILL.

The zeal for promoting human happiness, which animated every member of this Society, also glowed in the breasts of philanthropists in remote parts of the globe: in consequence of which, similar institutions were established in the West-Indies, namely, in Jamaica and Barbadoes, in Hudson's Bay, as well as in the American cities of Boston and Philadelphia, and even at Algiers, in Morocco. Among these, the most distinguished are, the Preservative Society of Northamptonshire, America, instituted in the year 1789; and the Massachusett's Humane Society, at Boston, which was founded in 1792. The zealous members of the former recovered in the last mentioned year, four; in 1793, eight; in 1794, eleven; and in 1795, five persons, most of whom were rescued from a watery grave.

The anniversary sestival of the London Society is truly sublime and affecting. On this solemn occasion, the annual lists of both the preservers and preserved, are publicly read, the accounts balanced, and new premiums proposed.

The celebration of the annual festival on the 22d of July, 1796, was particularly splendid. Ph.lanthropic fongs, accompanied by instrumental music, excited the most sublime emotions in the minds of the hearers. What an impressive scene!-A long procession of men, women, and children, who all were indebted for their lives to this Society, proceeded in feveral divisions. Each of these groups followed their colours, which were adorned with an infcription. That of the first was, Thanks to the Supreme Being; and that of the fecond, Resuscitation. The Medical Affistants were the next in fuccession; and, after these, the Guardians of Life, preceded by Dr. LETT-SOM. Another division was distinguished by a flag, with the words Divine Mercy; and again another, with that of Humanity. The last banner displayed the inscription, Return to ·Life. The list of restored persons was read, by which it appeared, that, from 1774 to the 22d of July, 1796, a period of twenty-two years, two thousand one hundred and seventyfive persons* were restored to life.

^{*} We give this flatement on the authority of an Occafional Address spoken by Mr. Helme, at Jones' Royal

Humanum genus ante 1774,
Quasi mortuum, ultimo receptaculoDepositum erat:
Nostro autem feliciori ævo
Hac dira calamitate
Absolutum est.

This benevolent affociation, which is continually increasing, consists of several hundred members, including Noblemen, Gentlemen and Ladies of the first respectability and opulence. The President of the Society is at present Lord STAMFORD.

The Society for the Encouragement of Useful Arts, at Hamburgh, set a meritorious example to Germany. Among other excellent plans for promoting happiness, an institution was formed for the re-animation of perfons drowned. Its directions relative to the proper method of treatment, in such cases, were distributed in the year 1768, and a premium of twenty rix-dollars was offered for every successful case. In the following year, 1769, institutions more peculiarly devoted to the restoration of the drowned, were also

Circus, St. George's Fields, on Friday the and of July, 1796, for the benefit of the Royal Humane Seciety.

founded. These establishments were essentially improved in the year 1786, and have been gradually advancing towards persection, in every succeeding year. A committee, which was appointed for the regulation of this Society, devoted houses to the reception and treatment of the drowned; and the most accurate instructions for the assistance of such as had suffered apparent privation of life by sudden accidents, were communicated to the surgeons, and exhibited in conspicuous places.

Implements, such as large poles, and tongs for extracting bodies out of water, ice-boats,* blankets, carpets, GORCY's improved bellows, &c. were procured, and kept in readiness at those places where there were the greatest danger of such accidents. In short, this institution surpasses all others of the kind in Germany.

The fuccess of its experiments completely answered the philanthropic view of the Society; while, by its improvements, the art of preserving the lives of human beings daily attained a higher degree of perfection, and

A correct representation of such a vessel, is given in the Domestic Encyclorapia, No. 1, and it is described under the article Boat.

the number of fucceisful cases annually increased.

In the course of five years, the following cases occurred:

cuics occu		•				
In the year		Successful.	Unsuccessful.		Total.	
1790		8	_	4		12
1791	_	17	_	9		26
1792	_	19	_	8		27
1793		31	-	18		49
		75		. 39		114

Another Society which particularly deferves our attention, is the Humane Society of Mohrungen, in East Prussia. It was founded in the year 1795, by the Rev. Dr. DIETMAR, of Blumenau. Its chief design is to instruct common people in the management of persons apparently dead; and much real good may be expected from the zeal of the respectable gentlemen who have united for this beneficent purpose.

It is, indeed, much to be regretted, that in the extensive German Empire, no other institutions similar to those I have mentioned, have hitherto been established. May the speedy return of peace inspire men in general with a zeal for the preservation of human life.—

However, as the resuscitation of persons apparently dead, has, during the last twenty years, been more generally attended to by the governments of different countries, we may rationally hope, that these humane institutions will annually increase. Of the public proclamations relative to the subject in question, which have appeared under legislative fanction, I am acquainted only with the following: Those by the Emperor, in the year -1769 Duke of Saxe-Gotha -1770 Elector of Saxony - -1773 Elector of Bavaria - -1775 King of Prussia - -1775 Duke of Saxe-Weimar -1776 Senate of Bremen - -1776 Dake of Brunfwic Lune-

burg - - 1780
City of Strafburg - 1783
City of Erfurt - 1783
Duke of Mecklenburg - 1783
City of Roftock - - 1784

Indeed, the design of these benevolent rulers was attended with good effects, since the attention of the public has thus been directed to a subject the most interesting to mankind,

It affords me infinite pleasure to remark, that in 'consequence of the regulations issued by the ELECTOR of SAXONY, in the year 1773, the public mind was in a manner roused from its lethargy. Since that period, the cases which occurred have been more carefully recorded, and a more general interest was excited, in proportion as the attempts proved fuccessful. Although the endeavours to reanimate the unfortunate be not always crowned with fuccefs, yet it is a consolation to the philanthropist, that all the means of restoration are duly reforted to. Since the appearance of the above mentioned regulations, however, many fucceisful cases of resuscitation have proved a fource of fatisfaction to the benevolent ELECTOR of SAXONY; and the number of those who were restored to life, has by far exceeded that of any former period. Every year additional rewards have been distributed; and in 1773, thirteen premiums were paid for fuccessful affillance.

Two other equally judicious proclamations were published by the same prince; one of which sirst appeared in the year 1782, and was re-published, with considerable improve-

ments, in the year 1796; it relates to the prevention of canine madness: the other, concerning the management of dead bodies, and the precautions necessary to avoid premature interment, was enacted in the year 1795.

It is to be hoped that an infitution for recovering persons apparently dead, will soon be established at Leipzig. In the year 1796, the magistrates of that city published instructions respecting the treatment of the drowned, till the arrival of some medical practitioner.

According to the degree of fensation produced on the public mind by institutions of this nature, their importance and utility will be more generally acknowledged. Nothing is more desirable than the general publication of all cases in which medical aid proved efficacious, as well as of those in which it was administered without effect. By such information, both morality and the art of medicine would be mutually promoted. Every province, therefore, ought to be in the possession of registers, in which the attempts of restoring to life ind viduals apparently dead, should be carefully and circumstantially recorded, whether these endeavours have been attended with success, or

failed. I have attempted to form a collection of casualties which happened in the small province of Lusatia, and have found with heart-felt satisfaction, that during a space of twenty years, thirty-six drowned persons were restored to society. Some of the circumstances attendant on these cases of resuscitation are very remarkable.

I think it a duty, to mention the philanthropists to whom these humane institutions are highly indebted; and whom history will record to the remotest posterity; namely, VAN MARUM, Count BERCHTOLD, and VINCENT ZARDA.

The first of these exalted characters is the celebrated Dutch naturalist, who first taught the proper application of electricity, to be used in the resuscitative process.

Count LEOPOLD BERCHTOLD, during his travels through Europe, obtained univerfal efteem by his humane inquiries into this subject. In the year 1792, he presented to the National Assembly of France a plan for preventing premature interment. The city of Vienna is indebted to him for the introduction of the iceboat; he likewise disseminated in that metro-

polis, instructions for the recovery of persons apparently dead, stated in a samiliar treatise; and during his travels in Spain, he was instrumental to the establishment of similar institutions in the sea-posts of that country.

ADALBERT VINCENT ZARDA,* has formany years read public lectures on the refusitative art, in the city of Prague; he also published in the year 1796, a very useful German pocket-book, containing a description of the apparatus necessary for the restorative process, arranged in alphabetical order.

Although I have related these fasts; taken from the history of humane institutions, in a concise and cursory manner, vet they serve to shew that the respective exertions made in different countries, were not in general unsuccessful, and consequently beneficial to mankind. They may likewise tend to convince those who are not acquainted with medical science, of the possibility of reviving persons apparently dead, by a proper application of its principles; and, lastly, we may learn from such histories, how much yet remains to be

^{*} This gentleman, as well as Count Berchtold, has been elected honorary governor of the Royal Humane Society.

accomplished, before these humane institutions can arrive to a greater degree of persection.

II. General reflections on Humane Institutions.

The following thoughts, on the management and improvement of humane institutions, are not merely founded on conjecture, but they have, in a great measure, already been realized; especially by the exertions of the Society at Hamburgh, originally instituted for the encouragement of useful arts.

The phrase Humane Institutions, is, in this instance, applied to every effort made by magistrates, physicians, and the public in general, to prevent and diminish the dangers which threaten individuals apparently dead, or whose vital powers are suspended.

All establishments for the preservation of life may be divided into—

1. Preventive Institutions, or such as are calculated to avert impending danger.—Under this head may also be classed the invedigations made by order of government, respecting circumstances by which the attempts to effect the restoration of life have proved unfuccessful; admonitions relating to danger; fuch as information concerning poisonous plants; the bad effects of damp habitations; mephitic vapours; unwholefome food and drink; the deleterious influence of quackery; cautions against dangerous places for bathing, and directions to fuch as are perfeelly safe, by stones with inscriptions; the inclosure of deep ditches and waters, &c. Farther. it is a duty incumbent on magistrates, to promote a fpeedy publication of those means which are best adapted to relieve persons exposed to dangerous casualties. These printed guides ought to be in general circulation, and perfectly intelligible, so that when an accident happens, they may be immediately reforted to. Where simple admonitions are difregarded, the interpolition of legislative authority will become necessary. Great care should likewife be taken, that the regulations published by the Medical Board, be duly enforced.

2. Preparatory Institutions for affording relief on sudden emergencies.—These ought to provide the necessary implements for the restoration of life, as well as to appoint the requisite assistance; to select bold and experienced per-

fens, who should without delay afford their aid, and whose exertions should be duly rewarded. In almost every town and village of Germany, regulations are published for faving goods and houses in cases of fire. Would not, therefore, Inflitutions for the resuscitation of persons apparently dead, be of equal importance? It would be particularly defirable, and even necessary, to appoint, in every place, experienced men, for immediately discovering drowned bodies; as the efficacy of the restorative process depends more upon that circumflance than upon any of the means made use of for fuch porpole. The great utility of iceboats, instruments for extracting the unfortunate from water, and drags, must be obvious. Those particularly, who have an opportunity of being often present at accidents of this nature, ought to be well instructed in the art of resuscitation. No fisherman or waterman ought to be admitted a member of the Corporation, unless he be perfecily acquainted with the method of treating the drowned. Directions for managing these casualties ought to the distributed among people living in the vicinity of rivers, that the means of resuscitation may always be in readiness.

3. Institutions for saving life, when a dangerous accident has recently happened.—In this case, speedy notice ought to be given, proper affistants and a physician immediately called in, to direct the means of resuscitation, and to prevent crowds of people from assembling: thus the resuscitative process ought to be employed with indestatigable assiduity; the persons engaged in the operation encouraged by promises of rewards, &c.

A government which patronizes Humane Institutions, manifests at the same time its regard for the value of human life. By such measures, sovereigns would evince true patriotism; and, even in these revolutionary times, the union between the prince and the people would be thus more firmly cemented.

III. On Apparent Death.

It is impossible to give a satisfactory explamation of the nature or apparent death, without having previously defined vital power. But, as the definition of a power which we only know by its effects, would be inconclusive, I shall state but one of its principal manifestations. This idea being more accurately elucidated by HUFELAND, in his work entitled "Pathogenia," than by any other writer on the subject, I shall, without hesitation, avail myself of the result of his enquiries; nor do I claim any other merit, in this instance, than that of having applied his hypothesis to practical purposes.

Vital power is the ability of an organized body to receive impressions, and to exert a re-action.

There are two modifications of this effect of vital power, viz. susceptibility of slimutus, and irritability. The former implies the capacity of the organic fibre, to be affected by stimuli; it is the result of the vital power, and may exist in the system, though the irritability be not manifested by any external symptoms. Irritability, on the contrary, is peculiar to the muscular fibre, which is in a state of re-action, either by the contraction, or approximation of its constituent parts, in consequence of any stimulus applied to it, though confined to a particular spot, thus partially affected.

Upon this theory is founded the idea of apparent death.—Apparent death is that state, in which the vital power is suspended, or in which there is a want of the susceptibility of slimuli.

Apparent extinction of vitality, therefore, is a lower degree of re-action of the vital power, disproportionate to the action of stimulants. Hence the different degrees of apparent death are easily accounted for: they depend on the more or ies observable suspension of the vital power, and on the proportion of susceptibility of stimulus that remains.

This fulpension of life consists of infinite modifications, from the transient momentary fainting fit, to the death-like torpor of a day's duration. The susceptibility of irritation may be completely suppressed, and the person apparently dead, may be insensible of the strongest slimuli, such as the operation of the knife, and the effects of a red-hot iron; and yet the vital power may not be extinst. In this state, however, apparent death very nearly borders upon actual dissolution.

Death may be defined to be a diffipation or destruction of the vital power itself; or, perhaps, of the most effential organs, by which

that power exerted its influence on the body. For, if we are capable of forming an abstract idea of this power, and of conceiving that it is univerfally diffused throughout nature, it follows, that fuch an agent cannot be completely annihilated. The dissolution of an individual body only prevents its influence, and operation, on that body with which it was formerly connected. Perhaps it is now employed by the Author of Nature to animate another organized fubstance. One part of the vital power which directed the actions of the living man, may probably give life to the plant that bloffoms upon his grave. I hope to be excused for this digression, as it is the result of those reflections which were naturally fuggested by HUFELAND's idea of vital power.

Apparent death is that flate of weak and latent life, from which the person thus affected may recover, if the activity of the vital principle be gradually excited. The due proportion between the action and re-action of vital power may, in this manner, be restored, and the system again become susceptible of stimuli.

Although the susceptibility of the subject be restored, vital action still remains in an imper-

fect state. Doubtful signs of re-animation are fo far from being harbingers of success, that they but too often suddenly disappear, and leave the operator in a hopeless situation.

This fusceptibility of excitement is the principal requisite to successful resuscitation. The state of perfect vital action cannot be recovered, unless the heart and lungs again duly perform their respective functions.

We ought, however, anxiously to watch the first symptoms of returning life; or, rather the signs of the susceptibility of excitement, as our conduct in the resuscitative process entirely depends upon them.

We should therefore distinguish, with particular care, that state, from perfect animation; lest we might pursue a method not adapted to time and circumstances.

1. State of the susceptibility of stimulus.—It is difficult, and sometimes impossible, to discover its diagnostics, when the vital principle is entirely suppressed. But, if it manifest itself in an unequivocal manner, the vital power then is in a progressive state of development; on the other hand, this susceptibility may be imperceptibly lurking in the body. The drowned

person, in most cases, becomes susceptible of irritation, as soon as he is taken out of the water; and is consequently in a situation in which the vital power may be excited. It would be of considerable importance, if these symptoms of susceptibility could be timely discovered, because it will appear from the sequel, that we ought to regulate ourselves accordingly, in determining the proper degree of stimulants.

These symptoms, however, are often mistaken for signs of animation in general. Such indeed, in some measure, they are; but so teeble and uncertain are the criteria of successful resuscitation, that we may, with greater reason, merely consider them as vestiges of the returning susceptibility; because the modifications of vitality have hitherto not been ascertained with sufficient precision, nor have the symptoms of that susceptibility been accurately investigated. I earnessly exhort all medical men to be assistant of semiology; for I am persuaded, that the result will prove highly benessical to the practitioner.

which is manifest from all those symptoms of animation, that leave no doubt of its real existence. In this state, irritability is not impeded in its free progressive action: respiration, pulse, and animal heat, are completely restored. There are, however, many modifications of that state, the particular characters of which ought to be accurately distinguished.

Such fymptoms of animation are most remarkable during the resuscitative process; they generally afford flattering hopes, and even guide the operator in adopting the best means of affishance.

Beside these signs of animation, observable in cases where the vital principle appears to be extinguished, there are others which can be perceived only by the patient. For instance, the retention of the faculty of hearing, when all other sensations have entirely ceased; but more particularly a slash of fire before the eyes, at the moment of returning animation; likewise the slowly expiring spark, observed by persons exposed to intense cold, previous to their sinking into a state of insensibility; the sudden

darkness before the eyes of those who are attacked by a fainting fit; the inexpressible comfort experienced by such as are on the point of expiring under the influence of an intense degree of cold, &c.

REVIEW OF ALL THE SYMPTOMS OF LIFE,

EXHIBITED IN THEIR NATURAL ORDER.

- I. Signs of an existing susceptibility of stimulus.
- 1. A flight degree of warmth in the region of the heart.
 - 2. Contractions and dilatations of the heart.
- 3. A vibrating motion of the whole body, especially after being sprinkled with cold water.
- 4. A convulfive tension of the muscles in some parts of the body.
 - II. Doubtful figns of returning irritability.
 - 1. A flight degree of rigidity in the limbs.
 - 2. The skin acquires a gradual smoothness.
 - 3. Different parts of it become warm and red.
 - 4. Hiccough.
 - 5. Contraction and hissing of the nostrils.
- 6. Trembling of the whole body, even without the previous application of stimulants.
- 7. Mucus untinged with blood, issuing from the nose, during the inflation of the lungs.
 - 8. A flight convulfive motion of the mouth.
 - 9. A firm compression of the teeth.

III. More certain signs.

- 1. Gentle throbbing of the heart.
- 2. Pullation of the veffels of the heart, and the temporal arteries.
- 3. A flight convulfive motion of the inner corner of the eye.
 - 4. Agenth undulating motion of the eye-ball,
- 5. A flight convultion of the mufcles of the neck.

IV. Distinct signs of Life.

- 1. A week motion of the jaw.
- 2. The lips and face becoming red.
- 3. A contraction of all the muscles of the face.
 - 4. Convulsive motions of the toes.
- 5. Sneezing.
- 6. Agitation of the whole body.
- 7. Vomitting.
- 8. Respiration, interrupted by coughing.
- 9. Groaning.

The duration of apparent death depends upon the proportion of vital power in the individual. Hence children and young perfons will endure this state longer than the aged. It also depends upon the influence of external causes to which the body is exposed; upon the nature of the element in which the accident happened, whether it contained a greater or less proportion of oxygenated or carbonic acid gas, or caloric; on the constitution of the body, and those circumstances which preceded or accompanied the accident. For instance, if the person plunged or tell into the water with his head toremost: in this case, he probably died of apoplexy, and all affishance will be unavailing; lastly, whether at that time he was in a state of perspiration.

But the latent vital power feems to be much longer preferved, where animation has been fufpended by cold. A man had been forty-eight hours in fnow, and yet was restored to life, though he expired within an hour afterwards.

We shall next consider the duration of life in those children, who are apparently still-born, While they continue in the womb, they possess only a small share of vitality, which is constantly supplied or reproduced by the living principle of the mother. Hence, while in this state, they may be compared to plants, which owe the continuance of their vegetation to the soil in which they grow. As in the

germinating vegetable, fo likewife in the animal fœtus, vitality may for fome time be preferved, even when feparated from its parent.

VAN SWIETEN relates an instance of a murdered woman, from whom, by means of the Cæfarcan operation, a living child was extracted, forty-eight hours after the mother's death. A number of instances of still-born, but refuscitated children, proves that their vitality may be long preserved in a latent slate. "The generality of infants, confidered as still-born," fays OSIANDER, "are only apparently fo: it, therefore, perfons would perfevere in their exertions to revive them, most of them " might be restored, though they should not, in all cases, continue alive." Resuscitation sometimes cannot be effected in less than one or two hours close application; nay, many of the apparently dead do not exhibit fymptoms of returning life, till feveral hours after the accident, when all hopes of fuccess had been relinquished.

Vitality is less tenacious in persons apparently drowned, especially if they have lain for some time under water. Among more than fix hundred tortunate cafes, announced by the Royal Humane Society of London, there is only one inflance of fuccefsful refufcitation effected on a man who had remained three quarters of an hour in the water; but during that space of time he had continued to float on the furface.*

In cases of strangulation, occasioned by a tight-drawn ligature, as in suspension by hanging, the remains of life seem to exist a still shorter time in this dangerous situation, where the blood-vessels have been very closely compressed. A physician, however, assured the great BACON, that he would engage to restore, by tepid baths and friction, every strangled subject which had not been suspensed longer than half an hour, and whose neck had not been dislocated by a fall in cutting him down.

Perfons struck by lightning are instantaneously destroyed, and putrefaction takes place with incredible celerity.+

According to the foregoing observations, the fcale for the durability of organic life would be in the following proportion:

^{*}KITE, on the refuscitation of persons apparently dead. + See BRANDIS' Essay on Vitality. Hanover, 1795.

- 1. Apparently dead by cold.
- 2. Apparently still-born children.
- 3. Apparently drowned.
- 4. Strangled.
- 5. Struck by lightning.

Beside the operation of these causes, apparent death occasioned by swooning, apoplexy, hysterics, or torpor, may continue so long, that its exact limits cannot possibly be determined. Persons apparently dead, sometimes awake after an interval of seven days; as was the case with Lady Russell.

In the female fex, the suspension of vital power from spalms, fainting fits, &c. originating from a hysterical, seeble constitution, are not rare; nor is it improbable that the state of apparent death may be of longer duration with them: nay, it may be looked upon as a periodical disorder, in which all susceptibility of irritation is extinguished. Particular attention ought to be paid to this circumstance, with respect to the resuscitative process applied to apparently drowned or suffocated women.

It is, however, really aftonishing, that those cases of apparent death, by which the individual is most endangered, are generally treated

with negle&. More happy, therefore, are those persons who suddenly die in their beds, as some days at least elapse before their interment. The apparently drowned, on the contrary, after a very superficial examination, are in a sew hours consigned to their tomb.

From what has been faid, the knowledge of a criterion, by which we might be able to afcertain whether a person be really dead, or not, is an object of the first importance. Now of all the figns of death, though putrefaction be the most infallible, yet, the symptoms of the commencement of putrecency, before a total diffolution of the organic parts has taken place, are so uncertain that, in many cases, ifwe were to rely upon them as infallible, we might be deceived as to the existence of latent vitality. The following critical inquiry into the indications of death, will prove the uncertainty of fuch fymptoms, when taken fingly; though it cannot be denied, that when their connexion and adventitious circumstances be duly attended to, they are worthy of attention.

Signs of Death.*

- 1. Cessation of the pulse.—When, in consequence of a deprivation of its irritability, the heart ceases to move, pulsation is no longer perceptible. It is, however, difficult, as METZGER observes, to distinguish it from that state in which the heart, from a want of energy, is unable to manifest its contractions, or pulsations.
- 2. A cessation of breathing.—We are not possessed of criteria, to ascertain whether respiration has really ceased. The placing of a seather or a looking glass before the mouth, is entirely useless: for a mirror may be deprived of its brightness by the evaporations of effluvia from a body, in the first stage of putrescence.
- * On the figns of death, vid: Differtation fur l'incertitude des fignes de la mort, et l'abus des enterrements and embaumements precipié; par J. J BRUCHIER, à Paris, 1749. Winslow An mortis incerta figna minus incerta a chirurgicis quam ab aliis experimentis. Paris, 1740.—Louis. Lettres fur la certifude des fignes de la mort, à Paris, 1782.—Camerer de fignis mortis diagnost. Tubing. 1785; also in Frankü Opp. vol. viii. p. 107. As also Berends, Mentzger, Hufeland, Stoll, Platz, Creve, Anschel, and Himly.

- 3. Loss of animal heat.—The surface of the body may, to a certain degree, be cold, as is observable in cases of suspended animation, by frost; and yet internal warmth and vitality may not be extinguished. On the contrary, persons killed by apoplexy, will long retain their natural warmth.
- 4. Rigidity of the body, and inflexibility of the limbs.—It is not easy to distinguish, whether this inflexibility be owing to spasms, or a real torpor, the concomitant of death. The limbs of persons, killed by lightning, or dying of putrid diseases, have been found pliant even an hour after their dissolution.
 - 5. Relaxation of the lower jaw.
- 6. Inability of the eye-balis to return to their fockets, when laterally moved by the pressure of the finger.
- 7. Dimness, faintness, and sinking of the cornea.—Dr. CREVE has often remarked, that the cornea continued transparent and perfectly convex for three days together, particularly when the surrounding atmosphere was moderately cold.—The before mentioned symptom of death, however, has always been considered the most infallible.

- 8. Foam in the cavity of the mouth, is rather to be confidered as the last exertion of nature, than a fign of actual diffolution.
- 9. Blue Spots of various fizes, and on different parts of the body, particularly on the back, where the fkin has suffered most from prefure, are called death-spots, and are generally deemed certain signs of dissolution; but they often mislead the physician. Scorbutic are also, by young practitioners, frequently mistaken for death-spots.

These livid spots are likewise observable in putrid and other diseases, and are the consequence of long confinement to a sick bed.

- 10. A cadaverous fmell is one of the most uncertain signs, as it has sometimes been observed in patients, and has continued even while they were in a state of convalescence. Dr. Creve consists this remark, by some very remarkable observations which he made on himself.
- oruel experiments have been made on persons apparently dead; yet, even the application of a real-hot iron did not rouse them, till the peri-

od of apparent death had terminated. The fame has been observable in cases of torpor.

All these, and other supposed symptoms of death, are far from being conclusive, and may take place in persons apparently dead, as in subjects really lifeless. One external and indubitable sign of certain death, is putrefaction.

Many circumstances, however, may occur, which will not permit us to wait for the manifestation of putrescence.

When epidemic difeafes, particularly those of the putrid kind, extend their malignance with fuch rapidity that the number of dead bodies is daily increasing, people are often unable to retain them long in their habitations; and there are but few houses in Germany for the reception of the dead. In fuch cases, nothing is more defirable, than a criterion to ascertain the real figns of commencing putrescence. Neither the cadaverous fmell, nor the livid spots, are to be depended upon. In many cases, we are not certain of true putrefaction, till the fetid animal gas, emitted by the body, becomes dangerous to the attendants. It is possible, however, to ascertain death, without the appearance of

putrescency; by investigating the previous state of the subject, together with the peculiar circumstances which preceded its dissolution; constitution, age, and sex; the treatment after expiration; and the fruitless attempts at resuscitation. The corpse ought likewise to be examined, and its appearance compared with the before mentioned signs of dissolution. It is farther observable, that in persons killed by lightning, and those who died of putrid diseases, the incontestible symptoms of putresaction will make their appearance much sooner than in others.

As fome time elapses, before the destruction of the organic parts becomes perceptible, the medical art is much indebted to Dr. CREVE, who first applied animal electricity for the discovery of real death.* It is now no longer a matter of doubt, or question, with rational physicians, that all vitality must have left the body, in which no animal electricity, or rather, no irritability of the muscular fibres can be produced; and that no vitality can exist where this most essential test of muscular irritability

^{*} See GREN'S Journal of Natural Philosophy, vol. i. No. 1.

discovers no action in the system. At the same time, it is doubtful whether susceptibility of all irritation, the metallic one not excepted, may not entirely forsake one part of the body, or be liable to a temporary suspension? Dr. Creve afferts, that in many muscles he sometimes was unable to excite the smallest convulsion by animal electricity; he therefore recommends the successive application of it in different parts. If Galvanic experiments could be made with persons in a state of spasmodic torpor, much light might be thrown upon this subject.

Dr. CREVE's experiment is too remarkable not to be mentioned; * but I shall previously make a few observations on GALVANI's discovery of animal electricity; and refer the reader to the writings of VOLTA, VALLI, SCHMUCKER PFAFF, HIMLY, and CREVE.

GALVANI, Professor of the University of Bologna, discovered by experiments made with different animals, that when any nerve of an animal recently killed, was covered with a metallic plate, as for instance, with very thin

^{*} Vom Metallreize, einem neuen untrüglichen Prüfungsmittels des wahren Todes von C. C. CREVE, 1796.

plates of tin, and the muscular sless, in which the nerve terminates, was laid bare, violent convulsions of the muscles and motions of the limbs will take place, as soon as the denuded limb is covered with the metallic (armed) nerve, or brought in contact with it by any (metallic) body whatever. In cold-blooded animals, this phenomenon is often observable for more than two hours after they are killed; in those with warmer blood, on the contrary, it ceases in a quarter of an hour alter their death.

Dr. CREVE, in his experiments on animal electricity, or, as he called it, metallic irritation, which he proposed as a criterion of certain death, invented an instrument formed like a bow, both ends of which were furnished with two round plates. This apparatus is composed of two parts, made of different metals; one half of solid zinc, the other of pure filver; or gold and zinc; or lead, tin, and gold. It is, however, requisite, that the proportion of the first metal should be less than the other combined with it. Thus, the weight and size of that made of zinc ought to be less than the opposite one of gold. The plates are only screwed on the bow, the greater part of

which confifts of filver. If fuch an inftrument cannot be procured, he recommends the fubflitution of a fmall piece of tin or lead, and a filver coin of moderate fize. Any part of the body may be chosen for these experiments, but the most proper is the upper part of the arm. Care should be taken, that the skin be not gangrenous or unsound in that part where the incision is made.

In cases where the subject has been affected by intense cold, the limbs ought previously to be made slexible by the application of warmth. The before mentioned experiment, therefore, ought to be resorted to only when long continued endeavours to restore animation have proved inessessing.

The mufcles are to be difencumbered of all fat, and likewife, as far as is practicable, of all cellular texture. The blood is to be washed away by a sponge soaked in water.

After this operation, the muscle should, in a slight degree, be extended, by stretching the arm. The muscular fibres ought to be clearly exposed, and the skin expanded, in order to keep the lips of the wound duly separated.

The instrument before described must now be held in the centre of the curvature, and both its slat plates brought into perfect contact with the bare muscular fibres. Attention must also be paid to the fibres themselves, which, it irritability remain, will, in the moment of contact, be contracted and twisted as it by cramps, or they will exhibit convulsive motions, all which cease when the instrument is removed, but recommence on repeating the same process. It all irritability be destroyed, no motion whatever will appear.

The author of this work has fucceffively repeated these important experiments, both on men and animals; and though they were tried under different circumstances, and in various ways, yet the result always proved the same.

Another diagnostic criterion of apparent death, was supposed to be discovered in electricity. While the least portion of vitality continues in the muscles of the heart, they will certainly contract, when the electric sluid pervades them; but if, on giving a few moderate shocks, no motion be perceptible in the extremities of the person, the con-

tinuance of other experiments is likely to prove unavailing.

Electricity, however, furnishes us with no intallible criterion; for in persons apparently dead, the most powerful electric fluid will fometimes only pervade the skin and fat, and consequently will not reach the nerves of the muscle, nor the muscular substance: hence, no excitation of irritability nor muscular motion will ensue. Besides, it would be dangerous, to give the heart fuch violent electrical shocks as would ascertain the existence of vitality; for the irritability of the muscular fibres might thus be destroyed. Some very considerable contractions of the heart will fometimes enfue, but they cannot be of long duration, nor will it be in our power to excite a repetition of fuch motions.

It is not improbable, that we may foon derive, from new and fuccessful experiments in chemistry, an infallible criterion of certain death, or the means of discovering the earliest stage of putrefaction. The latter desideratum might be attained by a chemical test for distinguishing cadaverous gas from any

other animal effluvia; by pointing out a method to collect this gas; suppose by a tube applied to the mouth of the subject, without being necessitated to wait for the perceptible marks of putrescency, which commences in the internal parts, long before it is obvious from its external symptoms.

IV. On apparent Vital Extinction, occasioned by Sudden Accidents.

The following observations, which I venture to communicate to the reader, are far from being perfect and conclusive; but from that inattention to symptoms, which is but too common during the resuscitative process, practical remarks are but rarely to be found in the reports of unfortunate accidents; and therefore I hope this deficiency will plead my excuse. Besides, my design in publishing them merely is, to rouse the more skilful physicians, that they may persevere in their observations, and occasionally collect the in-

genious remarks of others, on a fubject which requires the greatest attention.*

I. Drowned.

External figns of apparent death by drowning.

1. Coldness; extreme paleness of the whole body; livid lips; the mouth either open or firmly closed; the tongue blue, swelled and protruded; the cavity of the mouth covered with filth; the eye-lids closed, the eyes turned and the pupils dilated; the jaws contrasted; the face swelled and blue; the abdomen inflated, and hard.—Signs of returning animation: convulsions of the muscles of the face or feet; motion of the eye-lids; a spasmodic shivering of the body.

II. Suffocation by the Cord.

External figns.—The appearance is fomewhat fimilar to that of perfons drowned; the face very much bloated, difforted, and of a

^{*} I think it unnecessary to repeat the general and well-known signs of apparent death, and shall therefore collectionly the most striking, external marks of the different kinds of apparent vital extinction. The same shall be observed with respect to the signs of life.

dark red hue, in consequence of the extravafation of the blood; the eyes are inflated and prominent, a bloody froth at the mouth; the vessels of the face and neck are distended; and in all cases deglution is impeded.

III. Animation suspended, from an intense degree of Cold.

External signs.—Persons who have thus been deprived of life, will retain the position in which they were, when the fatal accident happened; they are commonly found leaning against a tree, or fitting; and manifest the highest degree of coldness; inflexibility of the limbs; the teeth are closed; froth issuing from the mouth; insensibility of irritation; partial mortifications in the extremities, which sometimes drop from the body.

IV. Suffocation by Methitic Vapours.

External appearances.—Head, face and neck fwelled; eyes propelled from their fockets; the tongue protruded, and inclined to one fide of the mouth; infenfibility; the appearance of a

profound fleep; the jaws firmly closed; the face livid; lips of a dark blue colour; and the abdomen inflated.—Signs of returning life: toaming at the mouth; shivering of the whole body, particularly after being sprinkled with cold water.

V. Lightning.

External figns.—In general, no particular injury is observable. Red streaks, however, appear on different parts of the body; especially on the chest and arms, in which a burning sensation is experienced after recovery.*

VI. Still-born Infants.

External figns.†—a. In cases of apoplexy, occassioned by the accumulation of blood in the cavity of the head; by a privation of air; or

^{*} A flash of lightning having struck a woman, her breasts immediately became marked with streaks and sigures, similar to those which are seen in winter, on windows covered with congelations; or rather, as they appear upon an electrissed pitchcake, when colophony is scattered over it.

The serpentine and zig-zag streaks were blood-red.

^{. +} In the excellent work of Dr. KNEBEL, on midwifery.

by impeded extension of the lungs. Its symptoms are, a red, swollen face, prominent eyes, large blue spots upon the skin; frequently a degree of warmth, and a pulsation of the arteries at the naval-string, are observable.

b. In cases of syncope: face pale and cheeks hollow; lips blue; limbs relaxed and flaccid.

Symptoms of returning vitality:—a flight motion of the under jaw; contraction of the mufcles of the face; mucus, untinged with blood, iffuing from the nose, during the introduction of air into the lungs.

Symptoms of death:—though on the whole uncertain—there is no pulfation of the navel-flring; a difcharge of the meconium; flaccid limbs, especially when the infant is born with its head foremost, and the waters are of a greenish hue.

V. General Principles, relative to the refufcitation of perfons apparently dead.

Refuscitation is accomplished, by exciting suppressed vitality; or by removing the obstacles which prevented the latent vital power from

exerting its influence on the fystem. Our fuccess trequently depends upon a proper notion of vitality and its modifications, as before mentioned; namely, irritability and susceptibility of irritation. During this process we ought anxiously to attend to the symptoms of returning animation, and proceed as circumstances may require. We accordingly promote—

- 1. The susceptibility of irritation, which is reproduced by removing the different obstacles. Thus we take the drowned out of the water, undress and dry them, cleanse their mouths from sroth and filth, and place them in a proper position;—we cut the cord of those suspended, &c.
- 2. The application of a proper method.—The inanimate body should be placed in a temperature, where the latent vital power may again become active, or susceptible of irritation. Hence, life will often return without the application of any other stimulus. A gradual transition from apparent death to perfect life, is not to be effected by precipitately reforting to extremes, but by gently cherishing the vital power. Effectual assistance can be afforded

only by flow degrees and an inceffant attention to the figns of returning animation. Nothing is, therefore, more pernicious than a fudden transition to air of a different temperature. A person benumbed by cold, would inevitably expire, if immediately brought near a fire.

To restore the susceptibility of irritation, nothing more is required than to assist its gradual evolution. Hence, the good effects resulting from rest, and a cautious moderate proceeding, are obvious; nay, such measures are necessary for reviving the spirits, and restoring the strength of the subject.

Generally fpeaking, the want of fuccess in many attempts to effect re-animation, must be attributed to a hasty and officious assistance. No time is left to Nature for her own exertions. All, it is imagined, must be effected by a violent compulsory treatment.—The operators often forget, that they are treating an organized body; and that all the success they can expect from their applications, principally depends upon vital action, which, by violent treatment, is too often deprived of all its energy. During the whole of

the process, persons apparently dead, should be regarded as it dangerously wounded.

It frequently happens that the first treatment of the apparently dead, renders the succeeding applications totally ineffectual. A person drowned, is either dragged out of the water by the legs, or dangerously lacerated by hooks employed on such occasions. Another, who has suffered by cold, is generally rubbed in a violent manner; and there have been instances, of the jaw-bones of the unhappy sufferer being fractured by this treatment.

The first treatment, in cases of suspended animation, should be directed to excite a suspension, should be directed to excite a suspension of stimuli; and next, for restoring suspension of stimuli; and next, for restoring suspension of stimuli; and next, for restoring suspension of the streatment is negative; the second positive, inasmuch as real means of resuscitation are employed, namely, those of air and warmth: their temperature ought to correspond exactly with that of the body. The person who has suffered by intense cold, is treated in the open air, or in a cold room; the drowned should be removed to a room which is moderately warm, placed in a tepid bath, &c. For those who have suffered by cold, the snow-bath, or

ice-cold water constitutes the first degree of warmth.

Before any susceptibility of irritation be manifest, no stimulants ought to be administered; for they would be inessications, because the body is not susceptible of them; nay, they would injure it, by forcibly propelling the blood to the heart, and thus destroying its irrinability. Hence the detrimental confequences of violent friction, in the beginning of the process, must be evident.

2. Restoration of irritability: this is effected by a proper application of stimulants.

Stimuli can only be applied, when there remains a fusceptibility of irritation. Symptoms of this, as well as the first indications of irritability, require the utmost attention; and as the former may often exist without manifesting itself by perceptible signs, our utmost endeavours to excite it, will in all cases be absolutely necessary. Many a person apparently dead by drowning, cold, or suffocation, has been restored to life without medical assistance, only by being exposed to a moderate warmth, and left to Nature alone. I am convinced, that in a high degree of asphyxia, such

a proceeding would not be fufficient, but in those cases resuscitation may, perhaps, be estected by the art of the physician, and a cautious application of stimuli.

The manifest criteria of susceptibility determine the degree and nature of those stimuli, by which returning vital action must be supported. There are, however, cases, in which, though susceptibility may really exist, no traces of it are perceptible; if, therefore, exciting means be tried for some time, if the drowned be moderately warmed, and still no signs of this susceptibility, such as warmth, contraction of the heart, &c. appear, yet the judicious application of stimulating means should not be neglected.

But, from the preceding observations, it ought not to be inferred, that the method of exciting susceptibility should always first be applied for a certain length of time, and stimulants afterwards administered, without continuing the former process. Such a proceeding would be erroneous, inasmuch as the method of exciting and supporting the susceptibility, for instance, the warming of the body, should be continued without intermission; while at

the fame time stimulants must be administered as circumstances may require: By this judicious application of stimuli, they will be of double advantage: by both exciting and promoting the susceptibility of irritation.

Advantages fo essential, should induce us to be particularly careful in the choice and application of stimulants, and not to administer fuch as are too powerful, which would indeed excite irritability in a violent degree, but at the fame time suppress the susceptibility of irritation. Thus powerful electrical shocks through the heart, excite violent motions of that organ; but as this stimulant is destructive of the feeble irritability remaining in the fyftem, the pulfations will foon ceafe, nor can they again be excited. Hence, during the application of stimulants, great attention ought to be paid to the different degrees of irritability; and it is also deserving attention, that in the beginning of the process, when the susceptibility of irritation is but flight, violent stimulants are pernicious, as they tend to suppress the latent sparks of life.

The different degrees of susceptibility of irritation, are equal to the ability of bearing

the application of stimulants. Hence, when the susceptibility of irritation is feeble, gentle stimulants only must be administered. Such stimuli, therefore, ought to be gradually applied; and when the first degree of susceptibility is excited by the operation of those of a milder nature, the more powerful may then be administered.

The constitution of the individual apparently dead is, however, a point which deserves great consideration; as irritable, weak, and strong habits, and such as are vigorous, but insensible of stimuli, require very different modes of treatment. The latter can be affected only by the stronger stimulants. Attention is also to be paid to the age of the subject, whether it be a child, a vigorous youth, a man, or a person advanced in years.

As this idea of the susceptibility of irritation can only be relative, it would be fruitless to establish rules, suitable to every case. These must therefore be determined by the judgment of the physician; a talent which neither HIPPOCRATES nor GALEN could ever impart by their writings.

When, by a proper treatment, the susceptibility of irritation has been evolved, and irritability excited, by a causious application of stimulants, the indications of existing vitality become obvious. The patient slightly moves his eye-lids; the muscles of his face begin to recover their action; he vomits; and at length begins to respire. Our chief attention should now be directed to

3. The Preservation of the Vital Power.

This comprehends the treatment of the fubject, as well during his recovery, as after he is perfectly restored to life.

1. Treatment during recovery.—On witneffing the joyful figns of returning life, we should cautiously avoid all tumultuous and eager conduct, and unremittingly attend to the feeble state of vitality. The principal points of this treatment are:

A moderate, but not too rapid, continuance of the remedies for exciting and preferving the fusceptibility of irritation. Particular attention ought to be paid to the continuance of the first part of the resuscitative process, namely,

the warming of the patient, the proper temperature of the air, &c.

- 2. Repose.—It is necessary, particularly when figns of returning animation are manifest, to allow the patient time for repose, by desisting from the application of stimulants. Short pauses should be made, in order to observe the operation of the remedies employed, and aid the efforts of Nature. There is nothing which impedes the progress of vitality in a greater degree, than a long continued and precipitate manner of conducting the resuscitative process, or the successive administration of different remedies, without observing the various degrees of vital action, and the effect produced by restoratives.
- 3. Treatment after the Patient has perfectly recovered.—At this period, also, the precautions before stated, should be kept in view. A hot regimen, the too liberal use of corroborants, particularly wine and brandy, excess in eating, taking cold, violent passions, neglect of blood-letting when necessary, or other evacuations, or the omission of proper corroborants, are sufficient to prove satal to a person just restored to life.

Besides, quiet and undisturbed sleep is here of essential service.

VI. General Survey of the Refuscitative Process.

- A. Method of exciting the susceptibility of irritation, or the first treatment.
- 1. Negative method, for the removal of whatever has been the cause of apparent death, or tends to impede the resuscitative process.
- a. In this method are comprehended all the inflitutions for rescuing those apparently dead from danger; for instance, the discovery of the drowned, and precautions for securing them from farther injury.*
- b. The removal of whatever might prove an obstacle to resuscitation. Persons who have been strangled, should be gently taken down,
- * In Dr. Baldinger's Medical Magazine, vol. iii. No. 3, is contained the following curious anecdore: A fludent of a certain university being drowned, an unsuccessful search was made for the body. A man who was passing by, advised his young friends to procure a large loa; to scoop out part of the crumb, and fill the cavity with quick-silver; he then directed them to throw this quick filver pre, upon the current, and averred, that it would be stationary at the place where the drowned was lying. They followed his advice, and a caually found the body.

and the cord cut without delay; and in all cases, the loosening of tight clothes, and particularly the cleansing of the mouth and nose, should not be deferred for a moment. The mucus is to be removed from the mouth and sauces as soon as possible; for otherwise the air cannot have access to the lungs, and respiration will never be restored. It is to be regretted, that we are not in possession of instruments adapted to this purpose; as, by such aid, the process of resuscitation might be considerably facilitated.

2. Positive means of restoring the susceptibility of irritation.—Under this head, are chiesly included air and warmth.

Air.—The quality of the air into which the body should be removed, both with regard to temperature and purity, is a matter of the first importance. The pernicious effect of overheated rooms, in such cases, is well known. The temperature of the surrounding atmosphere ought to correspond with that of the body, and may easily be discovered by a thermometer. Persons who have suffered from intense cold, should be treated in cold air; stillborn children, on the contrary, require a degree

of warmth, fuch as they were accustomed to in the womb. Air faturated with carbonic acid gas, and fenfibly vitiated by the breath of crowds, must necessarily have a pernicious effect on the lungs of those apparently dead. Our chief care, therefore, ought to be, to convey them into a purer atmosphere; for it is by no means to be confidered as a matter of indifterence, what kind of air first affects the lungs. The affemblage of curious people is likewife to be prevented, and the air of the apartment should be kept as pure as possible, by opening the windows. Steam of vinegar is a very good corrective of vitiated air. Fumigations with different forts of powder, will occasion an agreeable odour, but they are apt to affect the brain. 'The evaporation of vinegar, by pouring it upon red-hot iron, or stones, is productive of carbonic acid gas, and confequently detrimental.

We should be in the possession of a superior remedy against apparent death, it we could, by a cheap process, fill the apartment which contains the subject, with oxygen gas. Its falutary effects have been sufficiently proved by the experiments of HUNTER and ACHARD. The latter

revived small animals, which had been exposed to the influence of several pernicious kinds of air till they appeared to be dead, by placing them in a vessel filled with pure air. The common atmospheric air was insufficient for their recovery, but oxygen gas proved very efficacious. VAN MARUM has discovered a mode of obtaining this gas, by a cheap and expeditious process.

It would, however, be of great efficacy, to conduct the vital, oxygenated gas, by a proper apparatus, from the veffel to the lungs, which ought, previously, to be treed from mucus. This method would, in many cases, be preferable to that of blowing into them oxygen gas, which is too stimulant, and may therefore

prove injurious.

Warmth; or the external application of heat, in order to excite the fusceptibility of stimuli.

External heat promotes the expansion of the internal natural warmth, and is applied in the same proportion as the latter.

Warmth is the first requisite for excitement of vitality: by it alone, without any other stimulant, persons apparently dead have been restored to life, of which, particularly with re-

gard to drowned subjects, very remarkable instances have occurred. I shall here only mention one. In the year 1790, a foldier plunged, quite naked, from a window of the military hospital at Strasburg, into the Rhine. In the afternoon he was missed, and on searching the river, was found, after he had lain about half an hour under water. He appeared completely lifeless, was laid in a warmed bed, with his head upright, the arms placed at both fides, and the legs firetched together; warm cloths were likewife applied to his body, particularly to the region of the flomach and his legs. In about feven or eight minutes, a slight motion of the upper eye-lids was manifest, and he soon afterwards opened his mouth which before had been firmly closed, fome froth issued from it, and the patient was now able to swallow a few spoonfuls of wine. After this, the pulse returned, and in a short time he could speak.

A chief cause of the want of success in the resulcitative process, is the neglect of warming the subject apparently drowned. The same observation applies to still-born children.

Warmth should be administered in propor-

tion to the temperature of the body, and therefore only by flow degrees. For those who
have perished by cold, a low degree of warmth,
somewhat exceeding that in which they became benumbed, is a sufficient stimulant. According to Kite, external warmth should exceed the temperature of the body only by a
few degrees, and be gradually augmented, in
proportion to the increase of natural warmth.

A too violent degree of warmth, especially when applied in the beginning of the resuscitative process, will destroy irritability.

There are many methods of producing warmth, fome of which I shall here communicate. One good consequence of this diversity is, that we can adopt different plans according to particular circumstances.

First degree of Warmth.

1. The ice-cold bath, for people who have fuffered either from cold, or by being drowned in winter. It may, likewife, be used in cases of apparent death by suffocation from mephitic air, and it is applied by the Russians, with great success.

- 2. Covering with fnow. Experience has taught us, that the lives of persons overcome by intense cold, have been preserved for many days under fnow. And this simple method has, likewife, proved effectual in cases of suffoation from pernicious vapours. In Russia, persons fuffocated by the smoke of chargoal, are buried as foon as possible in the snow, and the whole body, particularly the region of the stomach and the temples, are rubbed with it, while cold water or milk is poured into the mouth. The friction must be continued till the bluish hue of the skin is changed into the natural colour. Those suffocated by coals, are generally found to be warmer immediately before, than they are at the moment of their recovery.
- 3. The earth-bath is not only useful for persons struck by lightning, but may also be beneficially applied in other cases of apparent death. Its efficacy is partly owing to the proportionate warmth, and partly to the invigorating vapours of the earth, which are very salutary in affections of the lungs. By the exhalations emitted from tilled earth, impeded respiration, nay, the most termenting symptoms of pulmonary consumption, have often been

alleviated.* Hence, a strong presumption arises, that this remedy may also produce the most beneficial effect on the lungs of those apparently dead.

a. In cases of suffocation from mephitic air. It is a common practice among miners, when one of their companions is suffocated by mephitic air, and drops down lifeters, to bury him in the ground to his neck, and at the same time sprinkle his sace with cold water. This remedy might also be applied to persons suffocated by the vapours of charcoal.

b. In cases of suspended animation from cold. It, in very trotty weather, it were practicable to dig the ground, the earth bath would afford an excellent and novel process for the resuscitation of those apparently destroyed by cold. There are, indeed, circumstances, which frequently render it practicable. The following anecdote on this subject deserves attention. A beggar arrived very late at night, and almost trozen to death, at a German village; and observing the school-house open, he resolved to

^{*} Lord Bacon atteffs the falutary off- as experienced by confumptive perfors tollowing the plough, and inspiring the vapours arising from the new tilled globe.

Sleep there. The next morning, the schoolboys found the poor man fitting motionless in the room, and hastened, affrighted, to inform the school-master of what they had seen. The villagers, supposing the beggar to be dead, interred him in the evening. During the night, the watchman heard a knocking in the grave, accompanied by lamentations; he gave information to the bailiff of the village, who declined to listen to his tale. Soon afterwards the watchman returned to the grave, and again heard a hollow noise, interrupted by sighs. He once more hastened to the magistrate, earnestly foliciting him to cause the grave to be opened; but the latter, being irrefolute, delayed this measure till the next morning; when he applied to the sheriff, who lived at a distance from the village, in order to obtain the necesfary directions. He was, however, obliged to wait some time before an interview took place. The more judicious sheriff severely censured the magistrate, for not having opened the grave on the information of the watchman, and defired him to return and caute it to be opened without delay. On his arrival, the grave was immediately opened; but, just Heaven! what

a fight! the poor wretched man, after having recovered life in the grave, had expired for want of air. In his anguish and desperation, he had torn the flesh from his arms. All the spectators were struck with horror at this dreadful scene.

4. The wrapping up in blankets, cloths, and straw. To persons benumbed with cold, the two first mentioned, however, should not in the beginning be applied in a hot state.

5. The warmth of folar heat.

Second degree of Warmth.

Means of warming the whole body.

- 1. The wrapping up in warm clothes, and beds artificially warmed.
- 2. The warm bath, which is peculiarly calculated to communicate an uniform warmth to the whole body. I have feen many cases in which this remedy alone effected resuscitation. The temperature of the water is to be determined by that of the body, and to be very gradually increased.
- 3. The dry bath; namely, covering the body with warm ashes, or clean sand, warmed over

the fire. In most of the directions published on this subject, it is advised to make this application; even after some hours, when all other means have proved ineffectual. This simple process is, however, more useful in the beginning, to excite a susceptibility of stimuli.

- 4. The warmth of the human body. Two persons place themselves in bed by the sides of the drowned, or one who has suffered by cold, and thus endeavour to communicate warmth.
- 5. The warmth of animals. Still-born children have fometimes been reflored to life by placing them in the bellies of hogs or cattle recently killed. This remedy might be reforted to for re-animating drowned children; Heraclitus cured himself of a dropfy, by submitting to be put into the warm belly of a recently killed bullock.* This is an excellent method of imparting warmth to the body; and much to be recommended for the recovery of persons apparently dead.

Means of imparting warmth to particular parts of the body. We should especially en-

^{*} Baco de Vita et Morte, p. 369.

deavour to warm the back and the pit of the stomach.

- 1. Flat tiles wrapped up in warm cloths, are to be applied to different parts of the body.
- 2. A warming pan wrapped up in flannel, is to be moved flowly up and down along the fpine.
- 3. A bladder filled with warm water, is put over the pit of the stomach.
- 4. Warmed cloths are placed on the fame region.
- 5. Poultices; and cloths foaked in warm brandy or wine.
- 6. The crumb of loaves as they come from the oven, may likewife be placed on the pit of the stomach.
- 7. Small animals, recently killed, applied to the upper part of the abdomen.

Preservation of Warmth.

It is of particular consequence, to preserve the warmth of the body, and thus also the fusceptibility of irritation. The warming of the body should be continued during the whole resuscitative process, and the poultices, and fomentations, often renewed. A method which deferves to be greatly recommended, is to place the patient in a bed which has been previously warmed, and kept in this state by warming-pans filled with hot-water and wrapped up in slannel. Warmth is likewise preserved by gentle friction of the body.

Means of restoring the susceptibility of slimulians.

b. The proper use of stimulants, has been pointed out in the preceding chapter; but it cannot be too often repeated, that in the application of them, we ought to consider that state of irritation, of which the patient is susceptible.

As it has been proved, that when the vital power, though present, is in a latent state, stimulants may become totally ineffectual, we never can be certain, that a body is entirely lifeless. Even the application of red-hot iron may for some time be unable to excite irritability.

By proper attention to that fusceptibility, we are also enabled to determine the degree of the stimulants to be applied; a matter of great consequence on such occasions. Sometimes, when signs of returning life have been ob-

ferved, the best hopes have been frustrated by improper treatment, especially by the application of too powerful stimulants.

In general, it may be considered as a rule, first to administer gentle stimulants, and gradually apply fuch as are more potent. In cases of apparent death, the violence of stimulants is of less consequence, than the manner of their action, compared with the susceptibility of the individual. Many constitutions are affected by very gentle stimulants, while others cannot be excited by those of the strongest kind. In hysterical affections of women, burnt feathers may, fometimes, produce a powerful effect. Regard should therefore be paid to the predominant inclinations of the patient. Thus, lovers of music have been roused by the power of harmony; others have been restored by shouting into their ears the name of a particular friend. In fuch cases, peculiarity of constitution, temperament, and mental dispofition, require to be accurately investigated, and compared with the nature and state of the nervous system, and the particular irritability of different parts of the body. As it is known that the region of the pit of the stomach is exquisitely sensible, we should particularly apply to that part, the means of warming and stimulating the system. The intestinal canal is likewise susceptible of a considerable degree of irritability.

Before I enumerate the different stimulants, I shall treat of the use of friction, which ought to be practised with great precaution. In the beginning of the resuscitative process, we should particularly avoid violent friction; because, by this operation, the blood will be determined to the heart and lungs, from all parts of the body, and the remaining spark of vitality may thus be easily extinguished. The consequences of friction, being of such importance, an inquiry into the cases, and the different degrees of its application, will not be deemed superstuous. Let us consider:

1. The state of susceptibility of irritation.—Above all things, the means of exciting this susceptibility ought to be carefully applied. During this process, particularly when signs of susceptibility are discoverable, we may proceed to fristion, which, however, should at first be very moderate.

COLEMAN, by his experiments made with drowned animals, demonstrated the pernicious effects of improper friction. He jufly obferves, that as the right ventricle of the heart is naturally overcharged with blood, which would be increased by friction, it ought not to be attempted till the pulfation of the heart be perceptible.

2. The particular state of persons apparently dead, also deserve attention; and whether the fusceptibility of irritation appear soon or late: in either case, friction will promote animation. Thus, in cases of apparent death by cold, it will be proper, foon after the application of fnow, or the cold-bath, to proceed to friction, as the best promoter of internal warmth: in cases of drowning, however, it should be applied at a later period.

Friction may be usefully combined with other stimulants, and even supported by them: fuch are the shower-bath, electricity, &c. all of which, for the fake of greater accuracy, I

shall divide into two classes.

a. Gentle Stimulants.

vinegar, bruifed garlick, or burnt feathers, applied to the nostrils, are very proper remedies, both in cases of asphyxia, and of stillborn infants. I cannot avoid giving an admonition against the use of strong sternutatories, as for instance, spirit of sal ammoniac, hellebore, &c. The sense of smelling should not be too powerfully affected; because these stimuli are immediately communicated to the brain, and consequently will be attended with the greatest danger, in cases where there is an obvious determination of blood to the head, particularly in new born insants, suffocated persons, and those attacked by sanguineous apoplexy.

2. Bathing the forehead and temples with

fpirit of wine, brandy or vinegar.

3. Stimulants applied to the tongue.—That organ should be first rubbed, and afterwards stimulated by a few drops of wine, or a little falt, remedies which, on account of their great efficacy, should never be neglected. Stoll relates, that several stimulants had been applied

in vain, to restore a still-born child to life; but, when its tongue was rubbed, it began to cry, and recovered. Another observation confirms the efficacy of this method, in cases of drowning. A girl three years of age was taken, apparently dead, out of the water, and after being well wrapped in warm cloths, by which her fusceptibility was excited, some falt was introduced into her mouth, in consequence of which she began to vomit. Afterwards the foles of her feet were rubbed with falt, till they became warm; she at length opened her eyes, and was completely restored. This resuscitative method, simple as it may appear, is much to be commended; for it affords an instance of the well-timed application of friction, which proves most efficacious, when the first symptoms of returning life appear.

4. Bruifed garlick, or fnuff blown into the nose. This remedy, when signs of vitality are perceptible, will produce the best effect, by exciting salutary contractions. As an elucidation of this, I refer to the case of a drowned child, related in the second section:

- 5. Injections of moderately stimulating subflances into the vagina, for instance, vinegar, or cold water, may be efficacious in cases of a contracted uterus.
- 6. Cloths dipped in the coldest water, and applied to the genitals. The good effect of this remedy, in spitting of blood, induces us to hope, that it may prove equally useful in cases of apparent death.

7. Stimulating the intestines by strong clys-

ters of brandy, &c.

8. Sprinkling of the face with cold water. In opposition to BROWN, I maintain cold to be a stimulant, with which the ancients* were well acquainted.

- 9 Whipping with nettles is an excellent remedy, but much depends upon the critical moment of its application. Its effects will be the more falutary, it applied when indications of susceptibility become apparent; when the
 - * So Ovid fings of the fair-ting Laddamia, when the takes leave of her confort:

Lux quoque tecum, tenebris exanguis abortis

Succiduo dicor procubuisse genu

Vix socer lphiclus, vixume grandævus Acastus:

Vix mater gelida moesta resicit qua.

heart begins to contract, and the animal heat to diffuse itself through the body.

- 10. Friction of the foles of the feet, is not esteemed a very powerful remedy, but as a secondary aid, it should not be neglected. Rubbing of the feet with salt, is productive of a similar effect; the best application of which, is illustrated in the instance above mentioned.
- of the person apparently dead. There are many instances of resuscitation by this method, which, however, is to be tried only in cases almost hopeless; as its effects, in the progress of recovery, might be prejudicial.
- 12. A poultice made of ginger, and applied to the skin. This powerful stimulant is prepared by macerating ginger in burning spirit of wine.

Strong Stimulants.

Some of these may have the semblance of cruelty; but are certainly beneficial, as they tend to save life. What is a transient pain, when compared with its salutary effects! Besides, it is well known, that such stimulants are not painful to persons in a state of insen-

fibility; being felt only when the greatest danger is overcome, and at that moment, every fensation of pain is mitigated by the transport of being restored to life.

Sometimes violent stimulants are indispenfably necessary, when the latent vital power must be instantaneously roused; and in such cases, even the most severe means should be employed. When weak stimulants of every description have been successively tried, with little effect, recourse must be had to those which are more powerful. Of this nature are the following:

- 1. Burning with a red-hot iron. A woman, apparently dead, could not be recovered, till a red-hot iron was brought into contact with her neck.
- 2. Melted fealing-wax, or pitch dropped on the skin.
 - 3. Scarification:
 - 4. The drawing of a tooth.
- 5. Infilling a few drops of a volatile spirit into the inner corner of the eye.
- 6. Stimulating the throat with a feather dipped in volatile alkali, may be efficacious with subjects whose humours are vitiated.

7. Errhines, such as volatile spirits of hartshorn, sal aminoniac, &c. are beneficial

to phlegmatic constitutions.

8. Several fluids, for instance, solution of tartar emetic, or HUXHAM's antimonial wine, conveyed into the stomach by means of the tube invented by HUNTER. The slexible tubes described by COLEMAN, may likewise be used for this purpose. He recommends five or six ounces of brandy, rum, or any other cordial, or aromatic sluid, to be introduced into the stomach.

9. The shower-bath is one of the most efficacious stimulants, and ought to be used in all cases of suspended animation.

ro. Electricity.—Whatever has been faid concerning friction, may likewise be applied to the use of electricity. The electric sluid is particularly to be conducted through the heart; the shock, however, should not be violent; for such would irrecoverably destroy the latent spark of vitality.

Stimulants of the most violent kind.

These are administered with a view to excite, if possible, the inert vitality, after the usual stimuli have been tried without success.

- 1. The shower-bath with boiling water. It is dropped on the upper part of the hands or feet, or on the left breast, by means of a tube of about an inch in diameter. Burnstiel restored a man to life who was palsied and in a state of insensibility, by pouring boiling water upon his feet.
 - 2. Burning moxa on the pit of the stomach.
- 3. Injection of tartar emetic into the arteries.
- 4. Transfusion of blood. This operation deserves particular attention; and though successfully tried at first, it was afterwards neglected. Two veins are opened, and while the blood of any other animal is transsused by a small tube inserted in one orifice, the old blood is carried off by the other. It is probable, that by a judicious management of this operation, the sudden impression of new blood on the noblest organs of life, will seldom fail to produce an extraordinary change in the constitution of the patient. Hence, it might be successfully performed in different cases of apparent death.

Many are the falutary stimulants in our possession; but how difficult is the choice even to the most skilful physician! The greater number of resuscitatives which a physician can command, the better; for cases may occur, when after several unsuccessful applications he would be obliged to relinquish the subject, unless he knew of a few domestic remedies, which might, on a particular occasion, prove the most proper and efficacious.

The greatest part of the rules for reviving persons apparently dead, are given in an empirical manner, without any regard to their application. To avoid this error, the proper remedies only shall be here enumerated.

Conditional means of relief; these are,

1. Venefection.—The too general recourse to this remedy, in all cases of apparent death, is much to be regretted. Apoplexy was formerly supposed to arise only from plethora; hence, the first and principal remedy in cases of suspended life, was blood-letting. The physician, however, ought not only to know the indications and contra-indications of vene-section, in general, but also the age, state of

the constitution, &c. of the patient, must determine him how to act. Thus a retention of the menses may be an accessary cause of apparent death from drowning, a remarkable instance of which, will be found in Section II.

2. Bronchotomy.—Physicians are divided in opinion, respecting the necessity of this operation; in many cases, however, it is the only method by which air can be conveyed into the lungs, in order to restore respiration, when the teeth are so firmly closed as to prevent the application of a pneumatic tube, provided we adopt the idea of COLEMAN, that the inspiration of air is indispensably necessary.

3. Inflatation of the lungs.—This operation feems, in general, to be prejudicial; and, as it is attended with great difficulty, it can fearcely ever be recommended to perfons who are not of the faculty. If performed alone, without warming, moderate friction, &c. it will prove rather injurious to the subject; and without hesitation, I subscribe to what Professor Vogel, of Rostock, wrote to me on this subject. "I, for my part," says he, "expect very little success from the introduction of air

into the lungs; and I am of opinion, that by the general method of proceeding, little or no air will reach this organ, and even if it does, I never could perceive the least expiration of it, nor any motion of the chest."

Unless the tube can be introduced into the glottis, not even an expansion of the lungs will be produced, as the epiglottis prevents its entrance. Air which has already been breathed, is confequently unsit for respiration: while, on the other hand, the use of the believs may prove dangerous, by the violence of their exertion on the lungs.

The common practice of continuing this operation too long, is also dangerous. I know a case of a person apparently drowned, in whom the signs of returning life were perceptible, but whose recovery was prevented by the abuse of this stimulant.

If any benefit can be expected from this remedy, it is by its stimulating effect, which has, sometimes, proved beneficial to still-born children. Professor OSIANDER is of opinion, that by this process the mucous matter which covers the lungs, is, in some degree, dis-

pelled, and a passage eleared for the admission of air.

- 4. Emetics .- While no figns of perfect fufceptibility of irritation are perceptible, emetics may prove very prejudicial; and even after refuscitation, they should be administered with great caution. On reflecting upon the nature of apparent death, which is a flate of real asthenia, and upon the effects of an emetic, we may be fully convinced, that, in this case, the administration of fuch a remedy, will generally be attended with danger. The indications for the use of crnetics, are a rattling in the threat, particularly a hiccough, during which there is no flagnation of mucus; an entire exemption from inflammatory fymptoms. Cases in which emetics may be administered, are detailed in Section II. respecting the treatment of flill-born infants.
- 5. Fobacco Clysters.—This is a doubtful, pay, it generally proves a dangerous remedy; the flupitying property of tobacco suppresses vital action, and clysters of it are also injurious, by swelling the intestines, infomuch that the cavity of the abdomen can scarcely contain the

tumid viscera, while the diaphragm is forced upwards, and the action of the lungs prevented. A decoction of tobacco is also improper, but particularly the blowing of tobacco smoke into the lungs. The application of tobacco clysters is particularly detrimental to persons apparently suffocated by the cord, or still-born children. In the second stage of the resuscitative process, when symptoms of returning life manifest themselves, such clysters might, perhaps, be used with safety.**

Many instances of the successful application of tobacco clysters; of violent friction, even in the beginning of the resuscitative process, and of emetics, successfully applied, may, perhaps, be opposed to what I have stated. These may be facts, indeed, but it is uncertain whether the recovery took place by virtue of such remedies, or during their application. Great is the power of the vital principle, which sometimes triumphs over all obstacles, even over the prescriptions of daring empirics; but can we ascribe to their medicines the restora-

^{*} See Section II, art. Some Remarkson Drowned Persons.

tion of a patient, whose constitution was strong enough not to fink under them? It is the fame in cases of apparent vital extinction; especially as the patient is not affected by things, which, in a state of health, would certainly have proved statal.

VII. General Confiderations respecting the Treatment of Persons Apparently Dead, or otherwise endangered.

A. Reflections on the preceding circumstances.

a. Remote circumstances:—Season, sex, age, temper, state of health, diseases, state of the mind, passions, regimen.

b. Proximatecircumstances:—Weather; time when the accident happened; duration of apparent death; time which elapsed before assistance was procured; nature of the accident.

B. Consideration of present circumstances.

a. External coincidences:—Place, time, weather, persons present, convenient remedies.

b. State of the body: - Wounds, contusions, fractures, ruptures; appearance of the face, whether blue, fwelled, or hippocratic; eyelids shut or open, blood shot or swelled; the eyes bright, turned, filled with mucous matter, covered with filth, cornea more or less opake, shrivelled, or collapsed; pupils dilated, of an equal fize, fensible of the impression of light, froth at the mouth and nostrils, whether bloody or otherwife; the tongue fwelled and dependent; the fkin livid, and without elasticity; the anus open; the abdomen tense, inflated, or of a greenish hue; the limbs rigid, contracted, or flaccid; internal and external warmth, fever, heat, coldness, pulse, respiration.

C. Circumstances attending resuscitation.

a. During the process:—Signs of returning life; what they are, and after which operation they commenced.

b. State after refuscitation:—Pain, anxiety, fickness, stupesaction, giddiness, a burning fensation in the limbs, fever, spasms, palsy.

VIII. Analysis of Particular Cases of Apparent Death.

Drowning.

- 1. Seafon.
- 2. Weather.
- 3. Length of time the person has continued under the water.
- 4. The flate of his mind when the accident happened; whether he was intoxicated, frightended, &c.
 - 5. Constitution of the body.
- 6. Whether he fell into the water in a state of perspiration.
 - 7. The height from which he fell.
 - 8. Whether he fell with his head foremost.
 - 9. Depth of the water.
- 10. Properties of the element; wether it was cold or warm, fea or river water.
- 11. The position of the person while in a state of submersion.
 - 12. The clothes he wore.
- 13. Manner in which he was taken out; whether by the feet, and without receiving any injury.

14. Treatment; whether he was inverted or rolled on a tub, or what other methods were tried for his recovery.

Suspension of Life by intense Cold.

- 1. Previous circumstances, causes, &c.
- 2. Length of time the person had been in a benumed state.
- Situation, whether under the fnow, or exposed to the air.
 - 4. The nature of his clothes,
- 5. Condition of the body; whether the limbs are in a gangrenous state.
- 6. Method of affishance, whether he was brought into a warm room or placed near the fire; or if any other improper means were applied.

Suffocation by the Cord.

- 1. Season of the year.
- 2. Whether the person had been strangled in the open air, or in a house.
 - 3. How long he had been suspended:
- 4. State of his mind; diseases, and other antecedent causes.

- 5. Treatment in taking him down; whether he fell to the ground.
- 6. Examination of the body; bruifes, contufions, &c.
 - 7. Resuscitative method.

Suffocation by Noxious Vapours.

- 1. Nature of the vapours; whether those of coals, moist wood, fermenting liquor, or sulphurous minerals.
- 2. Place where the accident happened; whether in a close room, cellar, mine, or pit; or during fleep, near a coal-fire, &c.
 - 3. How long he had been fuffocated.
 - 4. State of the body.
 - 5. Treatment.
- 6. Signs of returning life; whether, after being fprinkled with cold water, a shivering motion was observable.

Apparent Death by Lightning.

7. Place; whether in a house or in the open air, at the fire-fide, or under a tree:

- 2. Nature of the thunder-florm; direction of the lightning; damage done by it to buildings.
 - 3. Condition of the fufferer.
 - a. His state previous to the accident.
- b. External injuries, such as burns, streaks, &c.
- 4. Method of recovery; whether the earthbath was reforted to.
- 5. Complaints after resuscitation; a burning pain in the limbs, thirst, sever.

Still-born Infants.

- 1. State of the mother's health during her pregnancy, particularly a short time before her delivery.
- Condition of her body; formation of the pelvis.
- 3. Circumstances which attended parturition; whether easy, or difficult; a natural or artificial birth.
 - 4. Conduct of the midwife.
- 5. In what manner was the child born; with the head, feet, or anus foremost.

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- 6. Condition of the child: colour of the face and skin, flexibility or stiffness of the limbs.
 - 7. State of the navel-string; its pulsation.
- 8. Operations of the midwife; her manner of cutting the navel-string; and whether she suffered it to bleed.
- 9: How long the child had continued in a state of asphyxia.
- 10. Whether any methods of recovery had been tried, and their nature.
 - 11. Signs of returning animation.

Overlaid Children.

- 1. Contingent causes; whether the accident happened by the inattention of the mother or nurse.
- 2. State of the body; contusions; injuries of particular parts.
- 3. Manner of death; whether by pressure or fusionation.
- 4. Time which had elapfed fince the accident happened.
- 5. Symptoms: convulfions, impeded respiration, apoplexy.

6. What method of refuscitation had been tried.

Apparent Death by a Fall or Contusion.

- 1. Efficient cause; nature of the fall; height whence the person sell; and instruments by which the sufferer was wounded.
- 2. Examination of the body, particularly wounds of the head, the hair being previously cut; injuries of other parts; contusions, dislocations, fractures.
 - 3. State of respiration and the pulse.
 - 4. Duration of the lifeless state.
- 5. Remedies, particularly domestic medicines, such as arnica, &c.

SECTION SECOND:

THE theory concerning the fubject of refufcitation having been detailed in the former Section, I shall now proceed to the practical part, and describe the various methods of affistance in particular cases of apparent death. For the fake of perspicuity, I shall adopt tables, by a reference to which, in fudden accidents, the remedies applicable to particular cases may easily be found. Such resuscitatives as cannot be administered indiscriminately, are marked with figures, as references to a subjoined list of the most effential remedies. The others have been analyzed in the theoretical part of this work; but as even the best description of the necessary apparatus for the resuscitative process, must be impersect, I have merely enumerated them. To those who wish to become more intimately acquainted with the most perfect apparatus for

this purpose, I recommend the following excellent publication: "Geschichte and jetzige Einrichtung der Hamburgischen Rettungsanstaten für im Wasser verunglücke," namely, "The History and present state of the Resuscitative Institution of Hamburgh:" by J. A. Gün-Ther, with plates, Hamb. 1794.

In order to render this work more perfect, I have also mentioned Gorcy's bellows, though I am convinced, that they are almost unnecessary; for the principal attention of the practitioner should be directed to a speedy excitement of irritability.

I. Resuscitative Apparatus.

A. General apparatus.

- 1. Instruments: A lancet, bistoury, a syringe to cleanse the throat of mucus; blankets.
 - 2. Sticking plaster.
 - 3. Soft brushes for friction.
 - 4. A quantity of brandy or wine.
 - 5. A bottle of oil.
 - 6. Vinegar.
 - 7. Culinary falt..

- 8. Warm water for bathing.
- 9. Cold water.
- 10. A deep tub, for bathing the feet.
- 11. An oblong vessel, for bathing the whole body.
 - 12. A quantity of aromatic plants.
 - 13. Ginger, mustard, vesicatories.
 - B. Particular instruments.
 - 1. HUNTER's thermometer.
- 2. Three or four fmall tubes, fuch as COLE-MAN has recommended.*
 - 3. GORCY's bellows. +
 - 4. A portable electric machine.
- 5. Dr. RICHTER's instrument for opening the wind-pipe.

A particular cheft, containing the most necessary instruments, and a sufficient quantity of medicines for internal and external use, ought to be in the possession of every medical man.;

^{*} See Coreman's Treatife on Sufpended Respiration, &c.

⁺ See Grin's Journal der Phyfik, vol. II. No. I. p. I. and alto " Grien chie der Hamburg. Rettungfanstalten," p. 24

A full description of this medicine-cheft is given by Kire, in his bitay on the Recovery of the Apparently Dead.

II. Practical Rules for the Treatment of Perfons apparently dead, or endangered.

- r. Crowds should be guarded against, as five or six persons are sufficient to person the process, and a sew others may procure the necessary instruments.
- 2. The person endangered should not be brought into a warm or crowded 100m.
- 3. A free circulation of air must be obtained, by opening the windows of the room where the process is conducted.
- 4. A hasty application of resuscitatives is dangerous, and tends to extinguish the vital principle.
- 5. All refuscitative remedies, when too firong, and abundantly administered, are prejudicial.
- 6. Proper means of exciting susceptibility ought to be applied from the commencement, and continued throughout the whole process of resuscitation.
- 7. Stimulants should be administered only in proportion to the perceptible degree of susceptibility.

8. All refuscitatives are to be gradually applied, according to the temperature of the body.

9: A fingle remedy should never be considered as sufficient to restore animation, but a proper and successive application of several should be pursued.

10. Before the patient has recovered the power of deglutition, neither medicine nor nutriment ought to be administered. Emetics, in particular, might prove fatal at this period.

11. Clyfters of tobacco, emetics, and flernutatories, ought to be used with great caution, or not at all; they are particularly dangerous at the commencement of the process.

12. All powerful odours are prejudicial, efpecially during the first indications of life.

13. The process should be continued from four to fix hours; nor should the recovery of the patient be despaired of, till the most unequivocal signs of death have become evident.

III. Particular Directions.

Treatment at the commencement.

1. Violent concussions are prejudicial, though moderate rolling motion has, sometimes, been reflicacious.

- 2. Strong friction is also injurious at the commencement of the process.
- Particular care is required to wrap the body in warm blankets or cloths, and warm it moderately, in cases where a higher temperature is falutary.

Continuation of the Treatment.

- 1. The process of warming, and the means of exciting susceptibility, must not be too soon discontinued; nor should the person apparently dead, be uncovered, but when indispensably necessary.
- 2. Stronger friction and flimulants are generally indicated:
- a. By figns of fusceptibility; such as returning warmth; throbbing of the heart, and spafmodic shivering of the limbs.
- b. The method of exciting susceptibility of irritation having been continued for some time, it may be supposed actually to exist, and such stimulants are to be administered, as may tend to promote its developement.
- 3. Gentle stimulants ought to be first administered, and those of a stronger nature gradually and successively applied.

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Treatment of the Patient on the first Symptoms of returning Life.

- 1. A precipitate method to enforce refuscitation, ought to be guarded against, as well as the application of violent stimulants, such as strong edours, &c.
- 2. The before mentioned method, particularly that of gentle friction, is to be moderately continued.
- 3. The gradual developement of the vital power should be carefully attended to, as the nature and degree of stimulants must be determined in consequence.
- 4. A careful continuance of the application of warmth to the patient, will be most efficacious at this period.

IV. General Treatment of Persons in Danger.

In order to enable the reader to comprehend, at one view, all refuscitatives, and the rules for their application, with respect to vital power, I shall give a short description of the treatment of persons endangered by statal accidents.

First Treatment.

Diligent fearch for the body, and its removal to the open air; undressing, &c.

The fubject should be placed in an erect position; the head somewhat elevated, and turned to the lest side; the best place is a table in the middle of a room, so that the affistants may have easy access.

The person apparently dead, ought also to be removed in the above mentioned posture, and the mouth and nose cleansed of froth or filth without delay, to facilitate the communication of air to the lungs. This may be effected by the finger, a seather dipped in oil, or by a syringe. The body is, at the same time, to be kept covered with warm blankets.

RECOVERY OF THE SUSCEPTIBILITY OF IRRITATION.

Warmth, applied according to the temperature of the body.

Persons, who have suffered by intense cold, should be covered with snow, or put into an ice-cold bath; on the contrary, the drowned,

if the body has not been exposed to intense cold. are to be wrapped in warmed cloths or featherbeds, or placed in a tepid bath; in short, any method by which warmth can be communicated to the body, may, in fuch cases, be adopted. We should now attentively watch the figns of fusceptibility, and examine whether any part of the body begins to grow red or warm; whether the motion of the heart be perceptible, &c. If fuch figns are observed, stimulants may be administered; but if not, the warming process is to be continued for fome time, and fucceeded by the application of stimuli. Less injury will be done by the omission of stimulants in the beginning of the process, than by neglecting the other means of exciting fusceptibility.

Recovery of Irritability.

Stimulants.

During the continued application of the means of exciting the fusceptibility of irritation, for inflance, with persons who have suffered by cold, the cold-bath; with those apparently drowned, fomentations; and with such

as are struck by lightning, the earth-bath, &c. other stimulants may also be applied at the same time.

These are: sprinkling with cold water; friction, proper clysters, &c. During the application, the person apparently dead must be kept in the warm-bath, or uncovered as little as possible; because the process of warming ought by no means to be interrupted.

The figns of fusceptibility, by which the degree of irritation may be ascertained, must be our guide in the application of stimulants.

These are to be administered successively, as the following examples will demonstrate: After the application of the shower-bath, namely, when cold water is dropped from a height upon the pit of the stomach, the subject must be immediately wiped dry, and the left side, in particular, as well as the limbs, chased upwards. During this process, which may be repeated at intervals, the subject should remain in the warm-bath. This operation has proved very essications in exciting all the energy of vital power. On sprinkling with cold water, in successful cases, a contraction of the muscles of the face, and a shivering of

the whole body is perceptible; and on a repetition of this procefs, more certain symptoms of active vital power appear, such as opening the eyes, sneezing, &cc. Other stimulants, clysters, the application of a poultice of ginger, and friction of the soles of the feet, are to be applied either before or during the intervals of the process, according as circumstances may require.

If the above mentioned method should fail of success, stronger stimulants may be tried, such as scarification, the actual cautery, boiling water dropped on the left side, while other modes of excitement are continued.

Violent stimulants should be applied only for a short time, with frequent pauses, during which it should be examined, whether there appear any signs of re-animation.

Treatment of the Patient after the return of Life.

When the first symptoms of returning life appear, proper care must be taken not to suppress the vital power, by any violent mode of proceeding, such as increasing the stimu-

lants, shouting in the ears of the patient, &c. The application of remedies may be fufpended, but not entirely relinquished. Moderate friction is requifite, even when the figns of re-animation are no longer doubtful. The patient is to remain in the bath, or should be wrapped up in warm cloths; fomentations of aromatic plants are to be applied to the pit of the stomach, and a bladder filled with warm water to the left fide; clysters of warm brandy are likewise to be continued. Whipping with nettles in this crifis, may also be of fingular efficacy, in promoting the circulation of the blood; as well as moderate friction with brushes dipt in warm oil, and rubbing the foles of the feet with falt. A fmall quantity of wine, or a folition of falt dropped on the patient's tongue, will be effectual stimulants. By attention to the figns of returning fusceptibility, the degree of vital power may be afcertained and the treatment modified accordingly. Only by flow degrees, and with the greatest precaution, can the reviving patient be reftored to perfect life. Violent stimulants, such as powerful electric shocks, strong odours, &c. are particularly injurious at this period.

When figns of returning life become progressively evident, especially the principal functions of the animal frame, such as respiration, pulsation of the heart, and vital warmth, whatever may impede the development of animation is to be removed. The mouth is to be cleansed from mucus, to facilitate the admission of air to the lungs; symptoms of plethora are to be mitigated, by venesection in the upper part of the arm; but this operation requires the greatest precaution.

Treatment after Resuscritation.

The patient must be lest undisturbed; the warmth of the bed ought to be supported, and as soon as he can swallow, a little wine, or tea with a sew drops of vinegar, or warm beer, &c. ought to be administered.

The physician must also pay attention to concomitant symptoms, such as vomiting, diarrhæa, coughing, asthma, sever, convulsions, &c.

If the resuscitative process be continued without success, for five or fix hours, the subject ought to remain for some time longer in the

ground malt. There have been instances of persons apparently dead, who revived after all hope of their recovery had been relinquished. In such cases the resuscitative process had excited the susceptibility of irritation, but had been unable to restore irritability, the developement of which, was effected by nature.

V. Recapitulation of the different Refuscitative Remedies.

The following directions are calculated to facilitate the application of the foregoing rules, in particular cases of apparent death.

Suffocation in Water.

First Treatment.

- 1. The subject should be gently taken out of the water by the arms, to prevent the head and breast from being injured:
- 2. The body ought to be carefully carried into the nearest house, with the head somewhat raised; or the resuscitative process may be performed in the open air.

- 3. The upper part of the body must be supported in an erest position, with the head inclining towards the right side, and the whole body should be placed in such a manner, as to admit of free access.
- 4. The clothes are to be taken off without delay; and no violent shaking of the body should be attempted.
- 5. The mouth and nofe are to be cleanfed from mucus, by a feather dipped in oil.

Warmth.

- 1. The subject must be covered with blankets, or teather-beds, hay, straw, &c.
- 2. If it be a child, a person may lie beside it in the bed, to promote warmth.
- 3. A tepid bath should be applied, the warmth of which ought to be supported.
- 4. The warmth of the bath ought to be moderate in the beginning; and gradually increased to the 70th degree of FAHRENHEIT's thermometer.
- 5. Different parts of the body, particularly the pit of the stomach, ought to be warmed by the application of a bladder filled with tepid water, or by aromatic fomentations, or a

warming pan wrapped in flannel, and gently moved along the spine.

Stimulants.

1. Friction, applied gently at the beginning, and gradually increased, especially when the motion of the heart is perceptible. This operation is performed with warm flannel, or brushes dipped in oil.

2. Stimulating clysters of warm water and common salt; aromatic plants; or a strong

folution of tartar emetic.

3. Clysters consisting of five or fix ounces of brandy.

4. Sprinkling with cold water.

- 5. The cold shower-bath, (No. VI.) or afpersion of the pit of the stomach, with a syringe.—N. B. After each application of the shower-bath, the body ought to be wiped dry, and the pit of the stomach gently chased.
 - 6. Electricity, (No. X)
 - 7. Whipping with nettles.

Remedies to be applied on the Appearance of Life.

- 1: Moderate continuation of the refuscita-tive method before mentioned.
 - 2. Rest.
- 3. After the return of deglutition, tea with vinegar, may be administered.
- 4. Vomiting should be excited, by a decoction of chamomile, with honey of squills, or by the application of a feather dipped in oil.
- 5. The patient must be treated with as much caution as one dangerously wounded, or even as a lying-in-woman.

Refuscitatives, only to be applied in cases of Extremity.

- 1. Introduction of air to the lungs, (No. XI.)
- 2. Venesection, (No. I.)
- 3. Vomiting.
- 4. The hot shower-bath.
- N. B. Persons drowned in the winter seafon, should be treated in the beginning of the process, as if they had suffered by intensecold.

Apparent Death by Cold:

N. B. External warmth must not be applied till the internal warmth of the body be excited; and even then, in regular proportion to the gradual increase of the latter.

First Treatment.

- 1. The refuscitative process should be performed in the open air, or in a cold room.
- 2. The body should be cautiously carried, without delay, to the nearest house.
- 3. During removal, and the whole process, the body should be kept somewhat erect, with the head turned a little towards the right side.
 - 4. The subject is to be carefully undressed.
- N. B. Violent treatment ought to be guarded against, such as the immoderate friction and bending of the limbs, by which dislocations and fractures may be occasioned.

Means of exciting Internal Warmth.

1. The whole body, except the face, is to be closely covered with a layer of snow half at yard thick.

- 2. Application of cold water mingled with ice.
- 3. Cloths dipped in cold water, and applied to the breast and head.

Stimulants.

- 1. Gentle friction (gradually increased) with cloths dipped in cold water, or with fost brushes.
- 2. The above bath (No. VI.) and friction should be, alternately, applied. After having continued this method for a considerable time, the body must be left undisturbed for a few minutes.
- 3. Clysters of cold water, with vinegar, or oil.
- 4. Injection of five or fix ounces of brandy into the anus.

Remedies to be applied on the return of Life.

N. B. The application of warm fomentations may now be discontinued; and the resuscitative process pursued in a cold apartment.

- 1. Stronger friction, cautiously performed.
- 2. The patient placed in a bed between two persons, in order to promote warmth.
- 3. Wine, vinegar, or oil, should be externally applied,
 - 4. Emollient clysters.
- 5. When the patient is able to fwallow, tea, with vinegar, or wine, should be administered.

Refuscitatives, to be applied only in desperate Cases.

- 1. Venefection.
- 2. The earth bath (No. VIII.)
- 3. Introduction of air into the lungs (No. XI.)
 - 4. Electricity (No. X.)

Suffocation by the Cord.

First treatment.

- 1. The suspended body must be gently taken down.
 - 2. The cord immediately cut.

- 3. All pressure of the clothes, such as neckcloth, garters, girdle, stays, &c. removed.
- 4. The head supported in an erect posture, and turned towards the lest side.

Resuscitatives.

- 1. Air should be blown on the face.
- 2. The face sprinkled with cold water, or winegar and water.
- 3. The œsophagus stimulated with a feather dipped in oil.
 - 4. Vinegar applied to the nostrils.
- 5. The region of the throat and heart gently pressed.—Caution against immoderate friction, especially in the beginning, and also against the application of violent stimulants, sternutatories, or (what is extremely detrimental) sulphureous vapours.

Means of Warming.

 The subject is to be wrapped in warmed Mannel, or placed between warm seather-beds.

2. Application of a bladder, filled with tepid water, to the pit of the stomach.

3. Fomentation with cloths dipped in warm

water.

4. Poultices of aromatic herbs.

5. The tepid bath.

Stimulants

- 1. Moderate friction, particularly on the left fide; with proper attention to the state of Susceptibility.
- 2. The shower-bath combined with friction (No. VI. IX.)
- 3. Stimulant clyfters of falt and oil.—The application of violent stimulants should be avoided, when a determination of blood towards the head and heart is perceptible.

Treatment on Apparent Resuscitation.

1. Blowing air on the patient's face, and fprinkling it with cold water, continued.

2. Clysters prepared with a strong solution

3. Fomentations of chamomile and wine ap-

plied to the contustions.

4. After recovering the power of deglutition, cold water with vinegar may be administered.

5. Gentle antiphlogistic purgatives.

Refuscitatives to be applied only in Cases of Extremity.

1. Venesection (No. I.)

2. Introduction of air into the lungs (No. XI.)

3. Bronchotomy (No. II.)

Suffocation by Mephitic Vapours.

Different kinds of vapours: of charcoal, metals, beer, vinegar or must, in a state of termentation; flax, moist wood, turs, pit-coal; and those in unventilated apartments, caverns, and mines.

Symptoms.—Giddiness, head-ache, lethargy, fainting, convulsions, torpor, asphyxia.

First treatment."

- 1. The windows and doors opened.
- 2. Immediate removal of the subject into the open air, or an aired room, the windows of which must remain open.
- 3. The body undressed, and all pressure immediately removed.
- 4. It should be supported in a leaning posture upon a chair.

Resuscitatives.

- 1. The subject should be covered with flannel, or blankets.
 - 2. The face sprinkled with vinegar.
 - 3. A bath prepared for the feet, or the whole body.
 - 4. The face and pit of the stomach sprinkled with cold water, either by pouring it out of a glass, or squirting it by a syringe.
 - 5. Friction with fost brushes, dipped in oil, must be applied every time the process of
 - * Of the necessary precautions to be used by persons who venture into pits, &c. which contain noxious air, see No. XVIII. and of the purification of the air, see No. XVIII.

fprinkling is performed, after which the subject should be left undisturbed for some minutes.

6. Clysters of vinegar and water.

Remedies to be applied on the return of Life.

- r. The use of the before mentioned resuscitatives, such as vinegar applied to the nostrils; clysters, and gentle friction, are to be continued.
- 2. An inclination to vomit promoted by a feather dipped in oil.
- 3. When the patient is able to fwallow, venegar and water, or mint and balm tea, may be administered.

Refuscitatives to be applied only in particular Cases.

- 1. Introduction of air into the lungs (No. XI.)
 - 2. Venesection (No. I.)
 - 3. Bronchotomy (No. II.)
 - 4. The earth bath (No. VIII.)

Lightning.

First treatment.

1. Immediate removal of the body from the farther influence of the mephitic air of the apartment where the accident happened.

2. The doors and windows must be opened

for the admission of fresh air.

3. The subject should be undressed, and all other pressure removed.

- 4. The posture of the body leaning, the head raised, and inclining a little to the right side.
 - 5. Covering it with blankets or cloths.

Resuscitatives.

1. Sprinkling the face with cold water.

2. The earth-bath (No. VIII.)

Remark.—If the earth-bath is applied, it must be continued for several hours, or till certain signs of returning life appear. Stimulants are to be administered at the same time.

3. The shower bath (No. VI.)

4. Cold poultices applied to the head.

5. Cloths dipped in wine or vinegar, to the pit of the stomach.

6. Friction, at first very moderate, and continued from the lower extremities upwards, especially towards the lest side (No. IX.)

Remark.—Friction and fprinkling with cold water are to be alternately applied at the commencement of the process; the violent application of the former, however, is extremely improper, and even in the advanced stage, it requires precaution.

Remedies to be used on the return of Life.

- 1. A moderate continuation of the above mentioned method.
- 2. Cloths dipped in wine, or warm vinegar, applied to the pit of the stomach.
 - 3. Poultices applied to the contusions.
 - 4. Clysters (No. III.)
- 5. After the recovery of deglutition, water mixed with wine, or balm tea, may be adminifered.

Refuscitatives to be resorted to only in particular Cases.

- 1. Venesection (No. I.)
- 2. Introduction of air into the lungs (No. XI.)

3. Flectricity (No. X.)

4. Blisters applied to the cheft, if anxiety prevail.

Still-born Infants.

An examination whether apoplexy or fainting was the cause of apparent death.

Remark.—Cutting the navel-string, and letting a little blood, should be reforted to only in a case of real apoplexy; and this operation requires the greatest caution.—See Session I. (No. VIII.)

First treatment.

- 1. Wrapping the infant in warm cloths or flannel.
- 2. Its mouth and nose should be cleansed by a fost piece of linen.

Resuscitatives.

- 1. A tepid bath of wine and water, preserved in a moderate degree of warmth.
 - 2. Warm flannel applied to be body.
- 3. The subject may be placed in the warm body of an animal recently killed.

- 4. Cold water mixed with wine, flowly dropped from a confiderable height on the pit of the flomach.
- N. B. After every application of this process, the body should be wiped dry, and the left side gently rubbed with the hand; it is then to be covered with warmed cloths, and placed in the nurse's lap for a short time, after which, it no signs of life appear, the process must be repeated.
- 5. The tongue is to be stimulated by rubbing it with a little salt.
 - 6. Clysters composed of oil, water, and salt.

Remedies, when figns of returning life appear.

- 1. Continuation of warm applications, and moderate friction.
- 2. The foles of the feet brushed and rubbed with falt.
- 3. After the recovery of deglutition, a little wine may be administered.
- 4. In case of a rattling in the throat, occasioned by mucus, a small quantity of Hux-IAM's emetic wine, may be dropped into the mouth.

5. The child is to be gently placed beside its mother or nurse, to promote natural warmth.

Refuscitatives to be applied only in particular Cases.

I. Introduction of air into the lungs (No. XI.)—to promote the evacuation of mucus, and the admission of pure atmospheric air.

2. Electricity (No. X.) should be applied with the same caution as the shower-bath.

Children who have suffered by pressure in bed, through the negligence of the Mother, or Nurse.

First treatment.

- , 1. Brought into the open air.
 - 2. Cloths or swathings, taken off.
 - 3. Wrapped up in cloths or blankets.
 - 4. The face sprinkled with cold water.

Resuscitatives.

- 1. The warm-bath.
- 2. Cold water flowly dropped from a bottle upon the pit of the stomach.

- 3. Friction with the palm of the hand after each application of the water.
- 4. Rubbing the foles of the feet with brushes.
- 5. Friction with flannel, fumigated with juniper berries.
- 6. Poultices with warm wine applied to any contusions.

When Life begins to appear.

- 1. The application of poultices continued.
- 2. After the recovery of the power of deglutition, fome wine or tea dropped into the mouth.
 - 3. The warmth of the bed and quiet.

Remedies to be applied only in particular Cases.

- 1. Venefection, when fymptoms of plethora are perceived, such as full pulse, red tace, and tumid blood-vessels.
- 2. Emetics, such as oxymel of squills, administered in small doses; or, in case of pituitous matter, rattling in the throat, &c. Hux-HAN's emetic wine.

- 3. Antispasmodics, as musk, chamomile tea, and tepid baths, often renewed.
- 4. Aperient medicines; namely, gentle laxatives, or clysters prepared of senna leaves, with salt.

Apparent Death from a Fall or Concussion.

- I. Examination of the wound.
- 2. The head placed in an erect position.
- 3. Cloths dipped in cold water applied to the head.
 - 4. The face sprinkled with cold water.
 - 5. Tepid bath for the whole body.
- 6. Poultices of aromatic plants to the pit of the stomach.
- 7. Cold water flowly dropped from a height upon the same part.
- 8. Moderate friction gradually increased, in order to co-operate with the shower-bath.
- N. B. Friction is to be imployed with great caution, particularly in the beginning of the process.

Treatment after the first Signs of Resuscitation.

1. The subject should be placed in a warm bed.

- 2. Moderately stimulating clysters applied, as directed in No. III.
- 3. After the recovery of the power of deglutition, fome wine or vinegar with tea ought to be administered.

Refuscitatives to be resorted to only under certain circumstances.

- I. Venesection (No. I.)
- 2. Blisters applied to the crown of the head.
- 3. Electricity (No. X.)
- 4. Emetics are feldom, if ever, to be used.
- 5. Due attention should be paid to symptoms, such as vomiting, hemorrhages, convultions, slupor, &c.

VI. Survey of the Resuscitatives.

To facilitate the use of this treatise, it will not be improper, to give the reader a general view of resuscitative remedies; the recapitulation of which may be useful. For the critical remarks respecting them, I refer the reader to the first Section.

Excitement of susceptibility of Irritation.

- 1. Covering with fnow.
- 2. Cold bath.
- 3. Earth-bath (No. VIII.)
- 4. Cloths dipped in cold water.
- 5. Wrapping up in warm cloths or beds.
- 6. Tepid baths, which may be rendered more stimulating, by mixing wine or brandy with the water (No. V.)
- 7. Dry bath: covering with warm ashes, in clean warm fand, or ground malt (No. VII.)
- 8. Application of the internal warmth of animals recently killed, to the pit of the stomach.
- Application of the warm crumb of bread to the same part.
 - 10. Cloths dipped in brandy or wine.

Application of warmth continued.

- 1. The subject should be placed in bed between two persons.
- 2. Bottles, filled with hot water, and wrapped in flannel, to support the warmth of the bed.
- 3. A bladder filled with warm water should be applied to the pit of the stomach.

4. A warming pan covered with flannel to be gently moved along the spine.

Means of restoring Irritability.

- 1. Friction with fost brushes, dipped in oil (No. IX.)
 - 2. Stimulation of the tongue.
 - 3. Powdered garlick blown up the nostrils.
 - 4. Whipping with nettles.
- 5. Friction of the foles of the feet with brushes and falt.
- 6. Sprinkling with cold water, or the shower-bath (No. VI.)
 - 7. Electricity (No. X.)
 - 8. A poultice of ginger applied to the skin.
- 9. Stimulant injection of brandy, &c. (No. IV.)
- 10. A loud shouting into the ears of the subject.

Stimulants for particular Cases.

- 1. Cold applied to the genitals.
- 2. Injections of moderately stimulating fubstances, such as vinegar and cold water, into the vagina.

3. Titillation of the fauces with a feather dipped in volatile alkali.

Powerful Stimulants.

- 1. Application of the actual cautery to the nape of the neck.
- 2. Melted fealing wax or pitch, dropped on the skin.
 - 3. Pricking the finger under the nail.
- 4. Volatile spirit dropped into the inner corner of the eye.
- 5. Sternutatories, spirit of hartshorn, or sal ammoniac.
- 6. Introduction of feveral fluids into the flomach, fuch as a folution of tartar emetic, or HUXHAM's emetic wine, &c. by means of Dr. HUNTER's tube.
 - 7. Boiling water dropped upon the body.

Refuscitatives to be applied only under certain circumstances.

- 1. Venesection (No. I.)
- 2. Bronchotomy (N. II.)
- 3. Introduction of air into the lungs (No. XI.)

4. Emetics.

5. Tobacco-clysters.

VII. Remarks on Refuscitation, and inflances of successful Cases.

Aquatic Suffocation.

A great number of persons apparently drowned have been restored to life without the use of stimulants, merely by the renovated fusceptibility of irritation. I have collected thirty-fix cases of persons apparently drowned, in Lausatia, from the year 1772 to the year 1792,* who were restored to life. Most of them were treated by uninformed people, and revived by friction and warming; two perfons, however, were indebted for their lives to the continuation of the refuscitative process, for feveral hours. It is remarkable, that the greatest part of those re-animated were children; which, it feems is not only to be ascribed to the greater danger of drowning to which they are exposed, but also to the longer continuance of vital power in the infant frame.

^{*} See the author's treatife: Uber Gefundhutswohl; und Volksvor u

A violent concussion of the body is detrimental, but a moderate motion of it feems to promote the excitement of vital power; this observation is particularly applicable to the case of children. The Royal Humane Society of London, therefore, recommends the following treatment: namely, that two affistants take hold of the arms and legs of the drowned, and shake the whole body for five or fix minutes. This should be repeated at intervals during the first hour.* Several cases in which this treatment proved successful, have also come to my knowledge, one of which I shall communicate. A boy of about a year and a half old had lain upwards of a quarter of an hour in the water; and was found with his face downwards, and the whole body livid and fwollen.

He was undressed, wiped dry, and wrapped in warm blankets; but the most particular part of the process was rolling the body upon a table, shaking it by the shoulders, and rubbing the seet. This having been continued for an hour, a convulsive motion was observed in the toes; on which a little snuff was blown

^{*} See Report of the Royal Humane Society, for the years

into the nostrils, which excited sneezing. The tongue was simulated with strong vinegar; the throat irritated with a feather, and at length an injection was administered. The confequence was, that the child vomited a large quantity of water, began to breath, and in an hour alterwards was completely restored to life. This instance deserves particular attention, on account of the order in which the stimulants were administered; for immediately on the first external appearance of life, the application of fnuff to the nofe, was succeeded by the irritation of the throat. No process could have been conducted with more propriety; asthe spalm which it occasioned, contributed very much to the excitement of vital action. As fuch cases are better calculated to teach us the right uses of the different resuscitative remedies, than mere theoretical information, it will not be amiss to add another very instructive instance; and the result is worthy of the reader's attention, as a confirmation of my theory.

A woman upwards of 30 years of age, who had been delivered fix weeks before, and was affected with epilepfy, fell, in confequence of a fit, from a height of feventy feet into the

water; where she remained a full quarter of an hour, before she was taken out. Mr. REDLICH, furgeon of Hamburgh, caufed the body to be stripped, and friction with warm cloths to be continued for a confiderable fpace of time, while at intervals a small quantity of spirituous liquor was dropped into her mouth. During this process a bed was continually warmed by hot bottles covered with flannel. When friction had been applied for a quarter of an hour, fymptoms of life, fuch as convulfive motions, and a very weak pulse appeared. It was now thought proper to apply tobacco injections; after which a violent hemorrhage of the uterus enfued, and the patient gadually revived. At length an emetic was administered, which operated fuccessfully. In three hours from the time when she was taken out of the water, the recovered the entire use of her fenses. afterwards fell into a quiet flumber, and awoke after fome hours repole, without feeling the least sensation of pain.

In this case the stimulants were likewise used with great propriety; and the tobaccoclyster was esticacious, as it promoted the hemorrhage. Hence we may also conceive the propriety of venefection at the foot, in cases of aquatic suffocation, though, according to the opinion of some physicians, this operation is prejudicial.

Both the cases may serve to prove the simplicity and ease of the true resuscitative method, and how small a number of such means are requisite to restore the life of a fellow-creature. All, indeed, depends upon the proper time of their application.

It remains, however, to be remarked, that the treatment of persons apparently drowned must be different, according to the season of the year in which the accident happened, and the temperature of the water. In the former case, the resuscitative method is nearly similar to that for the revival of persons endangered by intense cold.

Accidents from Severe Cold.

In no case whatever is the danger of committing homicide greater, than in the treatment of persons who have suffered by severe cold. Their death-like state may deceive our judgment; not only because such persons continue the longest apparently dead, but because

the want of susceptibility of irritation is, in many cases, not distinguishable from real death. A man benumbed with cold burnt his feet, but continued insensible of the pain, nor did he feel this sensation till he warmed them at a fire: in this case, it is evident, that the susceptibility of irritation was destroyed, while vital power remained.

The following case of successful resuscitation is too remarkable to be omitted:

In the month of December, 1783, a man was found lying in the snow, and was carried to the hospital of Carlsruhe, a few miles distant. The body was quite fliff by cold, pulfation had entirely ceased, the teeth were firmly closed, but some froth was observed at the mouth, which induced the physicians to hope for fuccels from the application of refuscitative remedies. His clothes, particularly the gatters, flockings, and fhoes, which were frozen to the fkin, being cut off, the swelled livid face and neck, except the mouth and nofe, were covered with cloths, dipped in cold water; the body, genitals, arms, and legs were strongly rubbed and covered with fnow by feveral perfons alternately. This being continued for five

hours, most parts of the body became red, and at length warm; the toes, however, continued of a dark blue colour, and stiff, as if covered with ice. Respiration soon afterwards was gradually restored, but the patient continued infenfible, and at length a large quantity of mucus issued from his mouth. Cold fauerkraut was then repeatedly applied to his feet, by which means they gradually recovered their natural flexibility. During this process, clyfters with vinegar were applied, and the warmth of the room was gradually increased. At length the patient was able to swallow some tea prepared of elder-bloffoms, and a few drops of balfamus vitæ cum liquore mineralis anod. On the following night he was fo far recovered, as to eat a few froonfuls of foup, and the next day he drank an infusion of aromatic herbs, with an intermixture of nitre and camphor. On the third day he was feized with a fever, attended with violent heat and bliftering of the toes; and fome days afterwards he complained of a tingling pain in his arms. From his negligence, perspiration was obstrusted, in confequence of which, one of his arms became inflamed, and the other benumbed. Venefection was twice repeated, and the use of antiphlogistic draughts caused an abatement of the sever and inflammation; but notwithstanding the most careful chirurgical treatment, some of his toes fell off. The patient was fixty-two years of age, of a careless and obstinate disposition, in consequence of which his recovery was slow. He had been benighted, and went aftray before he was overcome by the cold; and during his wandering, he had frequently waded through brooks, to which circumstance may be ascribed the loss of his toes.

Lightning.

A man who flood in a kitchen near an unfinished chimney, was struck by lightning, and considered as dead. The body had no visible marks of injury, except a few red streaks on the breast and right arm. Two minutes after the accident happened, he was carried into the open air. The pulse was strong and irregular: the whole body, except the face, was immediately covered with a layer of earth, six inches thick, and cold water poured upon the face. In eight minutes, he began to move his

shoulders and tongue; and, in twelve minutes, he was fo far restored as to be able to articulate some incoherent words. He was then removed from the earth-bath, put to bed, and rubbed with vinegar. A mixture of vinegar and water was likewise poured down his throat. An hour and an half after the accident, he had entirely recovered the use of his senses, but complained of excessive thirst, and a painful burning sensation in his right aim, and the fingers of both hands. The following night, he could not fleep, on account of intente pain: he rose the next morning; but, for many nights afterwards, he did not enjoy a quiet repose; and even after the expiration of half a year, the fenfation of pain had not entirely forfaken him.

In this case, the application of the earthbath is the most remarkable remedy: it is, however, to be observed, that the use of this excitement of resuscitation, like all the others, ought to be continued for several hours, till signs of returning life appear. I know an instance of a physician, who, having accidentally heard of the earth-bath, applied it, but only for a few minutes. Though, in this case, resuscitation was not effected, yet, during the application, fome warmth was perceptible in the subject.

The fame phenomena which are produced by violent electric shocks, are observable in persons who have suffered by lightning, namely, shivering and heat of the extremities. anxiety, afthmatic complaints, and extreme fensibility of the electric atmosphere, on the approach of a thunder-storm. A man who had received a violent shock, from an electric battery, afterwards suffered by a similar sensation, lost his appetite and sleep for a long time, and was feized with giddiness and stupor. From experiments made with animals, electricity was analogically inferred to be a very powerful refuscitative, in cases of accidents by lightning. Animals were apparently killed by electricity, and afterwards restored to life, by a second shock through the head and heart.

Still-born Infants.

Of all kinds of apparent death, the resuscitation of still-born infants is most successful; for even the application of moderate warmth and gentle friction, generally prove efficacious. Although there are many objections against the introduction of air, yet, in this kind of apparent death, it feems to be highly beneficial. by operating as a stimulant, which may promote expectoration, and thus admit the external air freely to the lungs. The breath of another person, however, is pernicious, as such air is rendered unfit for a second respiration. In fuch cases, indeed, we are not so much to consider the quality of the air, as the irritation which it produces by extending the lungs. Many cases have occurred to me, in which this operation, joined to a gentle pressure of the infant's cheft, was fuccessful. Probably a little wine introduced into the stomach of the child, would promote the good effects of this flimulant.

Another very powerful stimulant for the revival of still-born infants, is the sprinkling with water. Dr. NIEMEIER has communicated an excellent method of performing this process.* "After having taken the lifeless child

^{*} Journal der Ersindungen, &c. (Journ. of Inventions, Theories, &c. in Medicine and Natural Philosophy,) No. IV. p. 101.

from the mother," fays he, "and tied the navel-string, I sprinkle the body with brandy, though cold water mixed with vinegar is preferable, or even cold water alone, at the fame time gently fprinkling and rubbing the pit of the stomach. If this prove ineffectual, I pour cold water from a confiderable height, out of a tea-kettle, upon the left side. Immediately on this application, the body becomes contracted, as if electrified. I then cause the region of the heart to be gently rubbed with the palm of the hand; after which the child is wiped dry, covered with warm cloths, and fuffered to rest, for some time, in the lap of its nurse. If, after some minutes, no other figns of life appear, I repeat the shower-bath and friction; and if these prove inefficacious, I try the same process a third time. After each repetition of the shower-bath, rest and warming are requisite. This is most conveniently effected by placing the infant in the lap, and covering it with warm cloths; a tepid bath may, however, be applied with equal fuccess."

The propriety of this process is confirmed by the following instance: In a case of asphyxia, all resuscitatives proved inessection; the infant, indeed, shewed some slight symptoms of life, which disappeared during the application of the resuscitative method. While in this state, the physician let cold water fall in drops from a considerable height on the lest breast. On the falling of each drop, the muscles of the child's face were violently contracted; and when, after a short pause, the operation was repeated, it opened its eyes; and with the third repetition, began to breathe freely, and to cry.*

Great attention, however, should be paid to the proper time for the application of this excellent remedy. In the beginning of the resuscitative treatment, it would, in most cases, be injurious; particularly when a weakness of the system is manifest. Powerful effects may, however, be expected to result from it, after the recovery of susceptibility, as in this case respiration will be promoted, and the latent vitality roused. But, previous to the application of this resuscitative, proper means should be prepared for the application of warmth to the infant's body. This is best effected by tepid baths; which, by relaxing the pores, as well

^{*} HUFELAND's Medical Journal, II. 311.

as by the preffure on the body, will tend to reflore respiration, and promote the circulation of the blood.

During the whole process, we must be particularly careful to cleanse the mouth from mucus. It, therefore, debility, hoarfenefs, or interrupted respiration, be observed in the patient, we should immediately endeavour to promote vomiting, by tickling the throat with a feather dipt in oil, or by giving a few drops of HUXHAM's antimonial wine; a grain or two of ipecacuanha with tincture of rhubarb, or chamomile tea. As for the use of strong odours, we cannot be too circumspect. In one instance, where all the signs of returning life were perceptible, no sooner was spirit of fal ammoniac applied to the child's nostrils, than it expired in a moment. This instance evinces the injurious tendency of powerful stimulants on the first symptoms of returning life.

All still-born children should be considered as only apparently dead, and the resuscitative process ought never to be neglected. Sometimes two hours, or more, will elapse, before re-animation can be effected. An ingenious

man-midwife, fays BRUHIER, was employed for feveral hours in the revival of an apparently still born child, and as his endeavours proved unavailing, be considered the subject as really dead. Being, however, accidentally detained, he again turned his attention to the child; and by continuing the resuscitative method for some time, it was unexpectedly restored to life.

Apparent Death from a Fall, or Blow.

In treating those who have suffered by such accidents, the physician ought to consider the constitution, together with bilious or plethoric symptoms. Several persons, who had fallen from a considerable height, while they laboured under an epidemic bilious sever, which continued with the symptoms produced by the accident, were cured by the administration of emetics and resolvents. On opening the body of a patient, who had expired under the operation of the trepan, there was sound an accumulation of bile. Perhaps in some cases of concussion of the brain, caused by a fall, an emetic inight prove useful, even after venesestion; at least, Nature

feems to point out the use of it, by thus alleviating the symptoms of the commotion of the brain in new-born children, produced by a compression of the head during labour. Altho' I am very sensible that this idea is hypothetical, yet it may not be unworthy of the attention and examination of the unprejudiced practitioner.

KITE first directed the public attention to the use of electricity, in cases of apparent death from a fall, by a remarkable instance, which, as it demonstrates the efficacy of this remedy, cannot be too often repeated. A girl three years of age, fell from a window, two stories high, upon the pavement; though she was confidered as lifeless, Mr. SQUIRES, a natural philosopher, applied electricity. Almost twenty minutes elapsed, before the shocks produced any effect. At last, when some of the electric matter pervaded the breast, he observed a flight motion of the heart: the child foon after began to breathe and groan, with great difficulty; and, after some minutes, a vomiting ensued. For a few days, the patient remained in a state of stupefaction; but, in the course of a week, she was perfectly restored to health.

It is not improbable, that the artificial concussion produced by electricity, may counteract the effects of the fall; and perhaps a similar counter-irritation may also be effected by vomiting. Hence, also, it is not improper to apply such a heroic remedy as electricity, in cases of imminent danger, when the urgency of the occasion will not permit the gradual application of the usual stimulants. The success of empirics is to be ascribed merely to their immediate application of the most powerful remedies; though attended with very great danger. There are, however, cases of emergency, in which no choice is left to the practitioner.

SECTION THIRD.

On the Manner of faving Perfons in extreme Danger.

Besides the state of apparent death, there are many other accidents which threaten existence; such as the bite of a mad dog, the swallowing of poison, or other noxious substances, and apoplexy. These may be included in the list of human misery, as well as the former; to which they may be compared, both with respect to their danger, and the speedy affistance they require.

I do not intend to expatiate on a subject with which every skilful physician is sufficiently acquainted; but I shall endeavour to facilitate the recollection of important symptoms and remedies, by the following retrospect.

I. On the different Methods of treating Persons endangered by Accidents.

1. General Points.

These are, with a few modifications, similar to those which have been discussed, in treating of apparent death, in the first Section.

2. Particular Inquiries.

Bite of a Mad Dog.

- 1. Whether the dog was really mad.
- 2. Examination of the wound—in what part of the body; nature of it; whether it was given through the clothes; or whether the mad dog had only liked the fkin.
 - 3. Appearance of the clothes.
 - 4. Time when the accident happened.
 - 5. Time elapsed fince the accident.
 - 6. Remedies administered.
 - 7. Whether the wound remained open.
- 8. Symptoms attending it; fuch as fever, convultions, tinglings in the wound, or even figns of hydrophobia.

 State of the patient's mind—whether he was of a timorous or courageous disposition.

Poisoning.

1. Nature of the poison—whether vegetable or mineral, sharp, corrosive, or narcotic. This may be discovered by

a. Examining the remainder of poisonous

aliment.

b. By the account of the patient, and perfons prefent.

c. By the fymptoms.*

- 2. Quantity of the poison taken into the slomach.
- 3. By what means it was conveyed into the stomach; whether in food, drink, or medicine, &c.
- 4. Symptoms: vomiting, dysentery, convulsions, swelling of the face, abdomen, &c.
 - 5. Time elapsed since the poison was taken.
- 6. Remedies already administered, and their operation.
- 7. Effects of the poison: palfy, colic, pain, &c.
- * This superficial inquiry into the nature of the poison, can only be useful in cases of emergency: instructions for a more minute investigation, will be given in the sequel.

Apoplexy.

- 1. Age.
- 2. Sex.
- 3. Manner of living; food.
- 4. Time of the accident.
- 5. Preceding circumstances; whether after a repast, or a fit of passion, intoxication, being over-heated, or after a cold; from the effect of vapours, metastases, after cutaneous diseases, or debility occasioned by excessive evacuations, &c.
- 6. Antecedent fymptoms: giddiness, headache, tingling of the ears, nervous complaints, defect of memory, relaxation of the muscles of the jaws.
- 7. Symptoms of apoplexy: plethora, cachectic, hysteric, and nervous complaints; spasms.
- 8. External figns: pulfe, tongue, evacuations, perspiration, vomiting, stool, heat in the head, respiration, whether it be assumed thing, or attended with coughing.
 - 9. Duration of the paroxysm.
 - 10. Remedies used.
- 11. Proximate causes: plethora, suppressed hæmorrhages; such as bleeding at the nose,

the catamenia, lochia, suppressed perspiration,. obstruction of the viscera, &c.

II. Tables of Accidents, and Remedies.

Bide of a Mad Dog!

The virus of a mad dog is so very infections, that a person only licked by the animal, may be attacked by hydrophobia. To guard against its consequences, we ought to treat the wound inflicted by unprovoked dogs, in the same manner as those of dogs really mad.

Characteristics of a Mad Dog.

He becomes fully and fnappish; neither cares for his master, nor for food; refuses to drink; does not bark, but growls; attacks any thing that comes in his way; leaves his master's house, and rambles about with a drooping; head; the tongue is of a bluish hue, and hangs out of the mouth; the eyes are red, bleared, glaring, and fixed; the mouth is filled with a viscid mucus; the ears and tail hang down; the hair is bristling, and erect; he seeks dark places; falls suddenly down, and leaps up again; and is shunned by every other dog.

Method of preventing Hydrophobia.

- r. The wound should be washed with a warm ley of wood-ashes, a strong solution of salt in water, or vinegar; or, if none of these can be procured, with urine. This washing is, however, to be continued for a considerable time.
 - 2. The wounded part should be cut out; or,
- 3. Seared with a red-hot iron, or gun-pow-der; or,
- 4. Corroded with lunar caustic, till it be covered with a thick scurf. The matter which issues from the wound during this operation, is to be wiped off with soft lint, or paper.

5. The suppuration of the wound is to be

promoted for feven or eight weeks.

6. If, from improper treatment, a wound should heal too soon, it must be opened, and brought to suppuration.

Internal Remedies.

- 1. Deadly nightshade (Belladonna) No. XIII.
- 2. The oil-beetle, or oil-clock (Meloë profearabæus.) Some practitioners recommend mercurial ointment (No. XVI.) to be rubbed

into the wound. This may likewise be applied, when the patient has only been licked by the dog.

Cautions.

- 1. The patient bitten should be stripped; and those places in his clothes which are marked with the dog's teeth, should be cut out and burnt.
- 2. The fword, or any other instrument, with which the mad dog was killed, ought to be cleansed, by making it red-hot, or it should rather be buried deep under ground.
- 3. Cattle, or other animals, bitten by a mad dog, should, as soon as symptoms of madness appear, be killed, buried in a deep pit, and covered with quick-lime; but by no means thrown into water; their stalls, or cribs, should be burnt, and their chains put ified by fire.
- 4. The body of the dog must also be buried deep in the ground, without touching it with the hands, and covered with stones, or lime.
- 5. Every thing contaminated by the virus, is to be cleanted immediately, or burnt: tables, or benches, are to be planed, and the plane afterwards destroyed.

Poisoning.

Inquiry into the nature of the poison; whether it was a poisonous plant, or arsenic, or sub-limate of mercury; and how long it had remained in the stomach.

General Remedies.

- 1. When the poison has been recently taken, it may be evacuated by means of an emetic, or by tickling the patient's throath with a feather dipped in oil, and giving him as much milk and oil as he is able to swallow.
- 2. When it has been taken fome hours, emetics would be injurious: in this case, luke-warm water, milk and oil, are to be administered in large quantities; and tepid bathing should be resorted to.

A. Narcotic . Poisons.

Opium, thorn-apple, henbane, nightshade, hemlock, &c.

Symptoms: Delirium, virtigo, and a strong propensity to sleep.

Remedies: Emetics; twelve grains of white vitriol, for adults.

- 1. Mucilaginous drink, four whey, buttermilk; but particularly vinegar, strong coffee, &c.
 - 2. Clysters of vinegar.
 - 3. Cold-bath.
 - 4. Vesicatories applied to the head.
 - B. Corrosive Poisons.

Arfenic, preparations of mercury, antimony, copper, lead, quick-lime, aqua fortis.

Plants: Fox-glove, meadow-faffron, pasque-flower, anemone, different species of the crow-foot, mezereon, wolfs-bane, &c.

Symptoms: Violent pain, great anxiety, fickness, vomiting, griping, a burning pain in the throat.

Remedies: When the poison has been recently taken, besides emetics, all the following general remedies are to be used; but it it has been for some time in the stomach, no emetics are to be administered.

The general remedies are: mucilage of oats and barley, meal-porridge, foap-water, fomentation of the abdomen with foap-water, or a foation of camphor.

Z

C. Narcotic and Corrofive Poisons.

Deadly nightshade, hemlock, poisonous mushrooms, slesh of diseased animals.

Symptoms: Violent pain about the pit of the floma h, accompanied with a burning fenfation, and a great inclination to fleep.

Remedies: The fame as mentioned under the article Narcotic Poisons.

Particular Cases of Poisoning.

By arfenic, orpiment, cobalt, &c.

Symptoms: Shuddering, anxiety, tremor, violent retching, vomiting, a burning fenfation in the throat, fever, thirst, pain, suppression of urine, costiveness, a gnawing pain in the bowels, swelling of the face, torpor, stupe, faction, and, ultimately, death.

Remedies.

1. Soap-water, prepared according to the prefeription No. XV.

- 2. Vomiting, by tickling the throat with a feather dipped in oil. All these remedies should be applied immediately after the poison has been taken.
- 3. To alleviate pains in the intestines, doubled cloths dipped in a solution made of soap in

rain-water, ought to be applied to the abdomen.

- 4. Clysters of milk and oil.
- 5. Tepid bathing in diluted foap-water.

Alleviation of the progressive Symptoms.

- r. Milk, with the addition of the eighth part of fweet cream, is administered to the patient till he begins to recover; or,
- 2. Several quarts of water, faturated with hapatic gas (No. XVI.) to which the fourth part of fweet cream, or a folution of either gum tragacanth, or gum arabic, in the proportion of one to thirty of water, is added.
- N. B. Clysters of milk and oil, and fomentations, to be continued at the same time.

Venefection is only to be conditionally reforted to.

Poisons by Preparations of Lead.

Symptoms: Colic pains, obstinate costiveness, palfy of the limbs, wasting of the whole body, and consumption.

Remedies immediately after the Accident.

1. Milk and oil is administered in large quantities, as an emetic; or,

2. Tickling the throat with a feather dipped in oil.

Remedies to be employed some time after the Poison has been swallowed.

- 1. A mixture of a drachm of borax, and two drachms of rhubarb, divided into two doses; one of which is to be taken in water, every hour, and chamomile tea drunk after it.
 - 2. Clysters of milk, oil, and foap.
 - 3. Gentle purgatives.
 - 4. Friction of the abdomen with oil.
- 5. Poultices of bread boiled in milk, applied to the abbomen.
 - 6. The warm-bath.
 - 7. Opium, with neutral falts.

EXAMINATION OF POISONS.

Arsenic.

- 1. When strewed upon live coals, it produces a white vapour, with a smell like that of garlic: this alone, however, is not a certain criterion.
- 2. A folution of arfenic is to be mixed with a faturated folution of ammoniacal copper: the

precipitate is a yellowish powder, which, when strewed upon coals, emits the garlic fmell.

3. If the quantity of arfenic be fufficient, the reduction to its metalic state may be effected by fublimation.

Corrolive Sublimate.

I. When strewed upon burning coals, it produces a white fuffocating vapour, which, however, has no smell of garlic.

2. It forms a brownish precipitate in lime-

water.

Verdigris.

1. Diffolve the suspected matter in muriatic

acid, and add spirit of sal ammoniac.

2. The blade of a knife dipped into a fluid which contains verdigris, will be coated with copper in the space of twelve or fourteen hours.

Lead.

The test-liquor of HAHNEMANN (No. XVII.)

Swallowing of Hurtful Substances.

Shot, fruit-stones, beans, coins, broken glass, nails, pieces of bone, pins, needles, &c.

If the fubstances swallowed are blunt, or round, the following remedies are proper.

- 1. Emetics.
- 2. Thick porridge, mashed potatoes, sauer krant, &c.

It pointed substances are swallowed:

- 1. Vinegar is given in a confiderable quantity.
 - 2. Oil, particularly that of almonds.

DANGER OF SUFFOCATION,

FROM SUBSTANCES SWALLOWED.

Remedies.

- 1. GENTLE percussion of the back and shoulders.
- 2. The fleam of warm water, or milk, conveyed into the mouth.
- 3. Tickling of the throat with the finger, or a feather dipped in oil.
- 4. The patient is to drink plentifully of water gruel, milk, or oil, particularly that of almonds.
- 5. Blunt bodies, which slick in the throat, may be pushed down with a spunge sassened to a piece of wire covered with leather: this apparatus should be moistened with oil before it is applid; or, a long piece of a wax taper, made slexible by warmth, and dipped in oil, may be substituted.

- 6. Pointed substances, or such as may wound the throat, should be extracted by means of the fingers, or small forceps; or, a piece of strong iron wire bent at one end, and having a handle at the other, may be employed to extract the obstructing body. This instrument should be properly oiled, and the operator ought to fasten it to his hand, less it fall into the person's throat.
- N. B. The patient should drink the abovementioned beverage before the operation is undertaken.
- 7. If he be afflicted with spasms, an emollient poultice of marshmallows and lintseed boiled in milk, should be placed round his neck.

In very dangerous Cases:

1. Venesection at the arm (No. I.)

2. Bronchotomy (No. II.)

Burns, or Scalds.

First Treatment. a. When the whole Body is burnt.

1. Cloths fooked in cold water, or milk, should be applied.

- 2. The patient should be put into a cold bath of water and milk.
 - b. Burns in particular Parts.
- 1. The burnt limb ought to be immerfed in cold water; or,
- 2. Anointed with ink, vinegar, and butter, or amber varnish.
- Cataplasms of raw, scraped potatoes, are to be applied, and renewed as often as they become warm.
- 4. The blifter should be opened by puncturing, and not by cutting it.
- 5. Ointment, made of equal parts of limewater and fweet-oil, arquebulade, or Goulard water.

Apoplexy.

Antecedent Symptoms: Distortion of the face, the fensorial functions impaired, the tongue swelled, shivering, coldness.

First Treatment of Apoplexy in general.

- 1. Untying of all streight garments.
- 2. The body placed in an erect position.
- 3. The windows opened, to admit fresh air.
- . Vinegar held to the noffrils.

5. Cloths foaked in warm wine, and applied to the pit of the flomach.

A. Sanguineous Apoplexy.

Signs: Face red, or pale in aged perfons; the temporal blood veffels, and those of the neck, swollen; eyes prominent, head very warm, respiration not quite free, pulse generally sull and strong, as in inflammatory diseases.

Remedies.

- t. Venefection at the jugular vein, or the arm, on the fide not paralytic; and from the foot, when hemorrhages have subfided. Regard is, however, to be paid to the age of the patient, or to his cachestic constitution.
- 2. Cupping glasses applied to the nape of the neck.
- 3. Cloths foaked in water, applied to the head.
- 4. Emollient clysters, with the addition of faltpetre, and tartar-emetic.
 - 5. Tepid baths.
- N. B. All violent stimulants, such as errhines and emetics, are to be avoided.

B. Serous Apoplexy.

Signs: Cachectic disposition, face pale and tumefied, limbs flaccid, respiration more laborious than in the former species of apoplexy.

Remedies.

- Vesicatories, finapisms, or plasters, made of powdered ginger and vinegar.
- 2. Stimulant clysters, with tartar-emetic, foap, or falt.
 - 3. Purgatives.
- 4. Emetics, when there is an inclination to vomit: great caution is, however, necessary, with regard to this remedy: it ought never to be administered in a state of asphyxia.
- 5. Rubbing with cloths dipped in brandy, or spirit of wine and camphor; friction, whipping with nettles.
- 6. Vinous fomentations applied to the pit of the stomach.

C. Nervous Apoplexy.

Symptoms in hysteric or hypochondriacal subjects:—redness of the skin, strong pulsation of the arteries of the neck, spastic pulse, restlessness.

Remedies.

- 1. Application of the combined methods of treating the two foregoing species of apoplexy, with proper attention to the different symptoms.
 - 2. Antispasimodics.
 - 3. Friction (No. IX.)
 - 4. Baths (No. V.)
 - 5. Fomentations.

Remark. Some species of apoplexy, which can neither be called gastric, nor plethoric, require a compound treatment. Their different causes may be ascertained, by examining them in the manner above specified.

III. Remarks on the prevention of Hydrophobia.

When this dreadful disease has once made its appearance, it is scarcely in the power of medicine to afford any relief. As it would, however, be an ast of cruelty to abandon such unfortunate patients to their sate, we ought to use every exertion to alleviate their misery.

No benefit can be expected from internal remedies alone; and the chief part of the treatment confifts in external applications. If the virus be really absorbed, it will be almost impossible to expel it. In such cases, the most celebrated specifics, even the oil-beetle, and belladonna, generally prove ineffectual. If no fymptoms of hydrophobia appear, atter the bite of a mad dog (though no recourse was had to medicine,) it follows that the virus had not been absorbed by the lymphatics, and, confequently, that no infection was communicated; as lometimes happens in inoculation for the small-pox. Hence quacks, with their magical, fympathetic, and other nostrums, often pretend to have effected a complete cure. Much, therefore, depends on the degree of confidence evinced by the patient in the efficacy of medicines; as thus the deleterious eflects of the bite are often prevented. Timid persons are always in greater danger. Nay, there are instances of persons, who, tancying that they have been bitten by a mad dog, were really seized with a chronic hydrophobia.

a. External Remedies.

In most cases, according to my excellent friend, Dr. LETTSOM, the cutting out of the

bitten part, is probably the only effectual remedy. As the wounds, however, are often too deep to be entirely extirpated, the application of caustics is requisite, to effect a complete removal of the virus; though even this method, unless applied within a few hours after the accident, will perhaps be insufficient to prevent canine madness.

External remedies should, in no instance, be neglected, in order to prevent the absorption of the virus. Caustics, by destroying the muscular substance, are the most efficacious. Scarification, cupping, and vesicatories, are useless, and only tend to enlarge the wound. Careful washing of the wounded part is particularly to be recommended.

b. Internal Remedies.

As these co-operate with the efforts of Nature, to expel the virus, they ought likewise to be resorted to.

- 1. Sudorifics and diuretics: belladonna, the oil-beetle, and antimonial preparations.
- 2. Antispasmodics: musk, ipecacuanha, valerian, opium, tepid baths, &c.

3. Tonics: bark, wine, baths, and ferenity of mind.

The physician must be guided by particular circumstances, in the seasonable application of these remedies. Venesection and purgatives ought to be prescribed with great caution. In doubtful cases, I should prefer emetics to laxatives. No person bit by a dog really mad, is free from the danger of being attacked with hydrophobia; the fymptoms of which fometimes appear after the expiration of a few days, but fometimes only after feveral months, or even a whole year. Meanwhile, the injured person thinks himself persectly safe; is cheerful, and performs his business undisturbed by apprehensions; he has, perhaps, placed his confidence in ineffectual remedies, when fuddenly the first symptoms of this horrible malady appear. This catastrophe sometimes takes place after a violent fit of passion, or in consequence of over-heating the body. In most cases, the difease manifests itself about the fortieth day after the bite.

The wound generally heals in a few days; but previous to the first symptoms of the malady, it becomes red and painful, swells, and Tometimes burils. The patient complains of a painful fensation in the wound, extending towards the heart and head; he becomes dejected, anxious, and extremely irritable. Thefe fymptoms are foon succeeded by the dread of water, which particularly manifests itself, when the patient attempts to drink. In vain he makes an effort to bring the cup to his lips; and at length his abhorrence of every kind of liquid becomes so invincible, that, at the very fight of them, he is seized with horror and trembling. As foon as he has fwallowed any liquor, the most violent convulsious ensue. He is so easily irritated, that, on the appearance of any new object, nay, even at the found of the wind, he will flart, and be feized with spasms. He suffers from the most intolerable shirsts; and, on account of the violent spasms in the windpipe and throat, is often in danger of suffocation. At length, death, generally accompanied with convultions, or extreme debility of the whole svstem, terminates his miserv.

It is much to be wished, that the remedy so successfully administered by Dr. SIMS, may be confirmed by the experience of other practi-

tioners. The case was as follows: A person bitten by a mad dog, was feized with hydrophobia and convulsions, and became so enraged, that he attempted to bite his own mother. Three or four ounces of oil were administered, by means of a tea-pot, lest he fhould fee the fluid; and his whole body was rubbed with oil: these frictions, together with the application of clysters of muttonbroth, were repeated at intervals. At the expiration of eight days, all the fymptoms of disease had gradually ceased; and the application of oil was continued for ten succeeding days. The flight inflammation about the wounded part, gradually disappeared. It is remarkable, that the patient, after his recovery, was quite ignorant of what had happened during his illness."-We are not, however, informed whether any other remedies were administered at the same time, and whether it was the common oil of olives, or whether it was given warm, or cold.

The medical treatment of persons bitten by

^{*} See Memoirs of the Medical Society of London, infituted in the year 1773, vol. iii, London, 1792.

mad dogs, is thwarted by numerous obstacles; as the generality of people are prompted by prejudice to use nostrums, rather than apply for medical advice. Besides, the patient seldom has fufficient fortitude to persevere in taking medicine; and as he feels no inconvenience immediately after the accident, he generally difregards it. Even physicians are not quite free from prejudices respecting this diseafe. For, unless there be visible marks of injury by an enraged animal, they are too apt to treat the case with indifference. There are, however, instances of hydrophobia, occasioned merely by being licked by a mad dog. Dr. HAHNEMANN mentions several cases, which came under his observation. Among these is one of a boy, who was feized with the hydrophobia, of which he died, in consequence of his face being licked by a dog that went mad after the accident. Hence it appears, that the treatment, in fuch cases, ought to be the same as if there was a wound. The part licked by the dog, fhould therefore be put, for feveral hours, in a strong ley, or covered with cloths loaked in it; and the internal remedies before mentioned, ought, at the same time, to be administered.

Canine madness may, likewise, be communicated by means of the instrument with which the animal was killed. A gentleman, after having killed a mad dog with his fword, thoughtlessly returned it into the scabbard. Eight years after this circumstance, having a quarrel with two gentlemen, he wounded them both with the same sword. The wounds were inconfiderable, and foon healed, as is frequently the case with those occasioned by the bite of a mad dog; but again opened, after the lapfe of three years, when the unfortunate men were feized with hydrophobia, and died. This incident may ferve as a caution respecting infruments which have been used in killing mad animals. It may also be proper to observe, that the lancet, with which the wound has been scarified, ought to be tempered afresh.

Table of the principal Poisonous Plants.

Wake-robin, cuckow-pint, lords and ladies (Arum maculatum.)

Deadly nightshade, dway-berries, deadly dwale (Atropa belladonna.)

Common henbane (Hyoscyamus niger.)

Bitter-sweet, woody, garden, or common nightshade (Solanum dulcamara.)

Squirting cucumber (Momordica elaterium.)
Herb-Paris, true-love, one-berry (Paris quadrifolia.)

Common wolfsbane, monks hood (Accritum napellus.)

Purple-flowered wolfsbane (Aconitum cammarum.)

Yellow woltsbane (Aconitum lycoctonum.)

Common tox-glove (Digitalis purpurea.)
Hedge-hy slop (Gratiola officinalis.)

Crow-foot, water-crow-foot (Ranunculus a-quatilis.)

Upright-meadow crow-foot, butter-flower, butter-cups (Ranunc. acris.)

Celery-leaved crow-foot, round-leaved water-crow foot (Ranunc. [celeratus.]

Lesser spearwort (Ranunc. flammula.)

Common mezereon, or spurge-olive (Daphne Mezereum.)

Pasque-flower anemone (Anemone palfatilla.)

Darnel (Lolium temulentum.)

Common laurel (Prunus laurocerasus.)

Common nightshade (Solanum nigrum)

Hellebore (Helleborus niger, viridis.)

Common wild parsnip (Passinaca sativa)
Common cyclamen (Cyclamen Europæum)
Common hemlock, kex (Conium maculatum)
Lesser hemlock, fools parsley, cicely (Æthusa cynapium)
Common thorn-apple (Datura stramonium)
Marsh-spurge (Euphorbia palustris)
Cypress-spurge (Euphorbia Cyparissias)
Water-cowbane, long-leaved water-hem-

lock (Cicuta virofa.)

Meadow-saffron (Colchicum autumnale)

A Case of poisoning by Arsenic.

A man, feventy years of age, on fearching in the dark for a medicine, unfortunately laid hold of a paper containing arfenic. Having put a fpoonful of the poison in beer, he afterwards drank a moderate quantity of the mixture, and went to bed. In a few minutes, he felt a burning sensation in his tongue, throat, and stomach, accompanied by giddiness and stupe-faction. He then drank a glass of beer, which produced vomiting and greater thirst, that induced him to drink a larger quantity of that liquor; this occasioned violent pains in his

bowels, and incessant diarrhæa. Next morning he was found much debilitated; the face pale and distorted, the pulse scarcely perceptible, and his whole body covered with perspirable matter. The paper containing the remainder of the poison, which was still upon the table, together with the few words he was able to articulate, foon informed his friends of what had happened. Anxiety, and an intense pain in his bowels, attended the diarrhœa, which continued with unabated violence.-Such was his condition, when Mr. FILIZ, of Luckau, a skilful surgeon, was called in, who prescribed the copious use of milk mixed with the yolks of eggs, and ten grains of lac fulphuris, mixed with two grains of steel-powder (limatura mart. op.) to be taken every two hours. He also frequently applied clysters of mucilage of lintfeed oil, and falt of tartar .--These remedies being continued for ten hours, the violent symptoms of loofeness, anxiety, and pains in the bowels, began to abate. Mr. FILIZ then directed the yolks of eggs mixed with some borax, to be administered in large quantities, and that the patient's only nourishment should be groats and sago boiled in milk.

He recovered but flowly; and, for feveral weeks, the utmost debility, together with a considerable swelling of the feet, continued; which, however, were at length removed, by the internal use of willow-bark, and the application of rollers to the legs. At length, the patient was restored, though with the loss of his former vivacity; and his memory also was considerably impaired.

Obstruction of the Throat by foreign Substances.

Urgent danger often suggests to us the most effectual remedies. In a case where the gullet was obstructed, by the introduction of a foreign substance which threatened suffocation, the patient was ordered to swallow a piece of sponge sastened to a pack-thread. Thus, by pulling it gently upwards, the impediment was removed, and immediate relief obtained.—See Journal de Medicine, Sept. Paris, 1789.

On Apoplexy.

The general classification of apoplexy, and the method of cure, are deficient; for the mod-

ification of this disease can only be determined by the knowledge of their different causes. Besides, the diagnostic signs of what are called the ferous and fanguineous species, are not accurately afcertained. A red face, prominent eyes, or a full pulse, are not always certain fymptoms of a genuine fanguineous apoplexy; for, on opening the bodies of fuch as have died of this difeafe, an aqueous extravafation has been frequently found upon the furface, and even in the fubstance, of the brain. The contrary often takes place in cases of serous apoplexy; the death-like colour of the face fuddenly changing to red. With aged people, we fometimes observe paleness of the face, though they be of a plethoric habit. I have, however, followed the common classification in the subjoined Table, in order to exhibit to the medical reader, that there is a diversity of this disease, which ought not to be wholly neglected. Many apoplectic cases require a complicated, and others a simple, treatment; according to the causes by which they are produced. Venesection indiscriminately adopted, in apoplectic cases, by the

lower class of people, as well as empirics, is particularly detrimental. The physician cannot be too cautious in this respect; but, in a doubtful case of apoplexy, he may take away a sew ounces of blood, and observe the effect.

 C_2

TABLE

OF THE DIFFERENT OPERATIVE MEANS OF RESUSCITATION.

I. Venesection.

WITH regard to the place from which the blood is to be taken, the jugular veins are preferable; but, as it is not always practicable to open them, we prefer the temporal arteries. These are remarkably irritable; and, if any vitality exists in the body, they seldom fail to emit blood, when opened.

In cases less urgent, the vena cephalica, or the vena mediana, of the arm, or the vena faphena parva of the foot, may be opened. In general, it is best to let blood as near the heart as possible; since, as COLEMAN afferts, it is not improbable that the right ventricle may be surcharged with blood. The right jugular vein is the most convenient for the purpose of venescetion.

The orifice is to be covered with flickingplaster. It, after the incision, the blood does not flow, the part is to be rubbed for a considerable time, and moistened with a sponge.

II. Bronchotomy.

This operation requires the greatest care, and a very dexterous hand.* The proper place to make the incision, is between the annular and thyroid cartilages, or even in the substance of the latter.

III. Clysters.

- 1. Emollient clysters, of marshmallows, torch-weed, and lintseed, to which oil of olives may be added; or, half a pint of milk with an equal quantity of gruel, or barley-water, adding a few spoonfuls of oil. Broth, with some butter, oil, lard, or warm milk, may likewise be used as a substitute.
- 2. Purgative clysters are made by adding to the former, tamarinds, Glauber's falts, or honey.

^{*} De Fourceou de nova laryngotomiæ me thodo. a-ris, 1779.

3. Stimulant clysters are prepared by the addition of falt, soap, or a folution of tartaremetic, from ten grains to a drachm, according to circumstances.

IV. Introduction of Liquids into the Stomach.

The tube invented by COLEMAN, is most proper for this purpose.

V. Baths.

In order to give a due temperance to the bath, two parts of cold water are added to one of boiling water.

In general, however, the degree of warmth in the water, ought to correspond with the temperature of the body. In order to communicate a tonic and emollient quality to the bath, brandy, vinegar, or milk, may be added to the water; or a handful of bran, or emollient plants, boiled, tied up in a piece of thin canvass, and put into the bath.

VI. Shower-Bath.

Water is dropped from a veffel with a fyphon, upon the region of the heart, to which a little wine may be added; and after each application, the patient is immediately to be wiped dry, and covered up with warm clothes.

In cases of suffocation by the vapour of coals, a syringe may be used, to squirt water against the pit of the stomach. After this operation, the body is to be wiped dry, well covered, and lest undisturbed.

VII. Bed of Ashes, or Sand-Bath.

The body should be covered up to the head with warm wood-ashes, or fand. The ashes should be sisted, and warmed in large kettles, or pots. Next, they are strewed on a sheet, to the thickness of about two inches; on which the body is laid, quite naked, after having been previously wiped dry. Every part of it, except the face, should then be covered with ashes, in the manner before mentioned. Thus, the person apparently dead is left for several hours; while gentle stimulants should also be resorted to.

Instead of ashes, warm fand, or husks of grapes, or, if these cannot be procured, warm horse-dung may be used for this purpose.

VIII. Earth-Bath.

The person apparently dead is laid, quite naked, in a reclined posture, in a hole dug for the purpose, and all parts of the body, except the face, are loosely covered with earth, four inches thick. To ensure the good effects of the earth-bath, it is necessary that the subject should be left in it for several hours.

IX. Friction.

All fubstances used for rubbing the body, are to be previously warmed. Friction is best performed by means of brushes dipped in oil; and it ought to be commenced gently, and gradually increased: proper attention is also to be paid to the signs of susceptibility of irritation. Friction with salt is improper, as it causes the most violent pain to the subject when restored to life.

X. Electricity.

This remedy should be applied by directing moderate shocks through the breast of the sub-

jest; and which may be effected by placing a positive conductor between the fourth and fifth ribs of the lest side, and a negative one between the second and third ribs of the right side; or, by applying one of the conductors to the lest side of the pit of the stomach, and the other to the nape of the neck; or the first to the sternum, and the second in an opposite direction, at the spine; so that the electric sluid may pervade the heart.

Electricity, however, requiring great circumfpection, ought not to be reforted to, without fufficient reason. The electrical machine should be powerful, and the coated jar of a proportionate size. The thinner the glass of the jar, the better; as the electric spark will be more pointed and stimulant. Friction, during the application of electricity, should not be neglected; for, in this respect, the latter remedy resembles the shower-bath.

XI. Introduction of Air into the Lungs.

Air is conveyed into the lungs, either through the mouth, the nose, or an incision in the traches.

In this operation, we use,

- I. GORCY's bellows; with which, however, the operator ought to be well acquainted; or,
- 2. Common bellows. A quill, or any flexible tube, one end of which, covered with wet linen, or blotting-paper, is put into the nostril or mouth of the subject, and the other end fastened to the pipe of the bellows. During the operation, an affishant gently presses the prominent part of the trachea (Adam's apple) upwards; by which the access of the air to the lungs is facilitated. When the lungs are dilated with air, another person gently rubs the breast in an upward direction, particularly on the left fide. This process is to be continued till a contraction of the heart is perceived. The tube fhould always reach the glottis, which may be effected by pulling the tongue forward. This method, however, is fo difficult, that it can only be recommended to the skilful practitioner.
- 3. The blowing in of air by the mouth. Most physicians are of opinion, that this method of conveying air into the lungs, is injurious; but as it may tend to excite irritability,

Dr. OSIANDER has recommended it in cases of infantine asphyxia.

XII. The Oil-Beetle.

The oil-beetle, or oil-clock, has been very strongly recommended by government, as a preservative against the satal consequences of the bite of a mad dog; but has by no means proved a specific remedy. In some cases, it operates as a purgative; in others, as a sudorific, or diuretic; and, sometimes, it is attended with consequences distressing to the patient. Hence it appears, that its effects are as uncertain as those of the Spanish sly. If the oilbeetle be combined with other powerful medicines, it may, however, prove a good preservative against hydrophobia. Hence Dr. Selle prescribes as follows:

R. Scarab. maj. no. viij.
Theriac. androm. unc. ff.
Sal. volat. c.c. drachm. ij.
Camph. drachm. j.
Spir. minder. unc. viii.
Misc. det.

XIII. The Root of the Belladonna, or deadly Nightshade.

This vegetable has recently been recommended as a most powerful specific for the cure of hydrophobia; and it appears indeed to deserve that character. It ought to be administered in doses large enough to produce a tranfient dimness, and protuse perspiration. As it causes a burning sensation in the throat, the patient should drink plentitully of mucilaginous liquids, particularly water-gruel. He must, at the fame time, continue in bed, to promote perspiration. Belladonna ought to be administered as soon as possible after the accident; and all the fymptoms which appear during the use of it, should be carefully attended to .-BUCHHOLZ afferts, that the administration of this remedy for nine days in succession, will fecure the patient from all danger of hydrophobia: for my part, I should rather continue the whole process, and keep the wound open, at least for a fortnight.

The deadiy nightshade ought to be gathered every year, in the month of June, washed clean, dryed in the open air, reduced to pow-

der, and preserved in a well-stopped glass vessel.

In order to proportion the doses of this medicine, according to the age of the patient, and the time of using it, I have subjoined the sollowing Table:

Age.	In one hour	ln two	In three hours.	Vehicle.
2 years, 3		1½gr. 2½ — 3 — 4½ — 5 — 10 — 8 —	$ \begin{array}{c c} \hline 3 & gr. \\ 3 & \underline{5} & \underline{} \\ 5 & \underline{} \\ 6 & \underline{} \\ 6 & \underline{} \\ 12 & \underline{} \\ 9 & \underline{} \\ 7 & \underline{} \end{array} $	Either in milk, or water- gruel.

Women who fuckle children, as well as weak perfons in general, should take smaller doses, according to circumstances. At intervals, the use of this remedy should be discontinued for a day.

XIV. Mercurial Ointment to be rubbed in, after the Bite of a Mad Dog.

R. Mercur. crud. unc. j.—teretur; Thereb. drachm. ij. Axungiæ ovis unc. viii.

M. F. Unguent.

A drachm of this ointment is to be rubbed in at a time, and continued till the eleventh day.

XV. Soap-Water.

One pound of foap should be dissolved in four pounds of pure water, by rubbing it on a grater, after which it is put into a pot that contains eight pints. Boiling water being poured upon the soap, the mass is stirred, allowed to boil for two minutes, and then stirred again. The patient, if an adult, may every third or fourth hour, take a tea-cup full of this solution, lukewarm, and a piece of sugar after the draught, to overcome the nauseous tasse.

XVI. Water Saturated with Hepatic Gas.

This preparation is celebrated for its falutary effects, in counteracting the poison of arsenic. According to Dr. HAHNEMANN, it is prepared in the following manner: take a bottle filled to its neck with two pounds of pure tepid water; to this add an ounce of powdered liver of fulphur, mixed with five drachms of purified cream of tartar. The bottle should then be closely stopped, and the ingredients shaken for ten minutes. After the coarser powder is precipitated, the setid milky fluid is poured from its sediment into another bottle, containing three or four cups of fweet cream, two ounces of powdered fenegal, or half an ounce of gum tragacanth. This bottle is also to be stopped, and shaken for a few minutes, till all the ingredients are dissolved; when the medicine is fit for use.

The liver of fulphur, for this purpose, may be procured by exposing equal parts of sulphur and quick-lime to a high degree of heat. In a wind surnace, the hepar sulphuris will be ready in the space of sixteen minutes; and in fifteen more, the water may be easily prepared; a method which, on account of its difpatch, is preferable to any other. Chalk may be substituted for quick-lime; in which case, however, the mixture will require to be heated a longer time.

XVII. HAHNEMANN'S Probatory Liquor.

In order to prepare this valuable test for afcertaining adulterations of wine with lead, a liver of sulphur is first procured, by exposing an equal quantity of powdered oyster-shells and sulphur, for twelve minutes, to an intense heat. In this manner, the dry hepar is obtained in the form of a light grey powder, which may be preserved for a long time in a bottle closely stopped.

To discover whether wine contains any particles of lead, put two drachms of hepar and seven deachms of finely powdered cream of tartar into a strong bottle which contains sixteen ounces of pure water. After closely slopping this vessel, shake the ingredients for ten minutes. When the sediment has substituted, and the liquor become clear, mix a

fpoonful of it with two or three ounces of fuspected wine; and, it it contain any lead, a precipitation will take place, which will be of a deeper brown, in proportion to the quantity of that metal.

XVIII. Precautions to be adopted in rescuing Persons from Subtervaneous Places.

The affishant of such unfortunate people, should first drink a little brandy, then put into his mouth a sponge soaked in vinegar; and, before he descends into the pit, cover himself with wet cloths. A double rope ought to be tied round his body, passed under his arms, and secured behind: he should also be surnished with another rope, for the purpose of giving signals.

XIX. Manner of purifying the Air in damp Apartments.

This may be effected by burning gun-powder in a room; by a straw fire kindled at its entrance; by pouring cold water over the floor; or placing on it a few bushels of lime recently staked, and diluted with an additional quantity of water. If pits are to be purified, the mephitic vapours, or fluid, at the bottom, should be frequently stirred with proper hooks and poles. No person can, with safety, descend into a pit, when a burning candle, on being conveyed to the bottom, is suddenly extinguished.

THE END:

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